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A critical humidity threshold for monsoon transitions

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Monsoon systems around the world are governed by the so-called moisture-advection feedback. Here we show that, in a minimal conceptual model, this feedback implies a critical threshold with respect to the atmospheric specific humidity q_o over the ocean adjacent to the monsoon region. If q_o falls short of this critical value q_o^c , monsoon rainfall over land cannot be sustained. Such a case could occur if evaporation from the ocean was reduced, e. g. due to low sea surface temperatures. Within the restrictions of the conceptual model, we estimate q_o^c from present-day reanalysis data for four major monsoon systems, and demonstrate how this concept can help understand abrupt variations in monsoon strength on orbital timescales as found in proxy records.