



## Children's Centre „3 in 1 – together”

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“There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.”

Albert Einstein

Children's Centre “3 in 1” is an extracurricular unit linked to the High School of Zlataritsa, St. Cyril and St. Methodius, accomplished with the help of the municipality and many volunteers from the local community. With its activity it forms in children patriotic spirit, love for nature, active citizenship, and an impulse for a healthy life through communication with nature, saving the traditions and history, insurance of equality of the kids of the local five ethnicities and participation in activities in the sphere of science, art, sport and tourism.

The educational work is mainly directed towards kids with difficulties with communication, hyperactivity, aggression, problems in their families, or those deprived of parental care. For a few years in the Children's Centre there have been clubs of interests:

“Gardeners” – kids cultivate a garden. They plow, dig, plant, put in, irrigate and weed under the watch of Ms Stafka Nikolova, parents, and volunteers of the local community. The ecologically clean products – vegetables and fruits, kids use to cook delicious meals, sell, or give away. Weeds are also utilized; they are making herbarium out of them.

“Cooks” – “What to have for lunch, when mom is out?”. One can learn a lot of wonderful recipes from the club “Cooks”. Products are own made, raised with love. In 2010, on the annual traditional holiday of the garden soup in Zlataritsa, the little cooks won third prize for making a delicious vegetable soup. On the same day, the 26 years old Nadezhda Savova, Cultural and Social Anthropology PhD in Princeton, founded the second community bakery in Bulgaria in Children's Centre “3 in 1”. Nadezhda Savova was declared traveler of 2012 by National Geographic. After the baking house in Gabrovo and Zlataritsa, Nadezhda also founded such projects in Sofia, Varna and Ruse. Today there are baking houses in 13 countries on 3 continents – Israel, Palestine, Brazil, Italy, Peru, Egypt, South Africa, South Korea, the USA, Romania, Russia and Japan. The idea of making bread destroys any differences and brings people together. We are all crumbs of the common bread.

“Historians” – “History is useful not because we read the past in it, but the future” - J.B.Say. The young historians explore the past of their homeland. They write down the memories of eyewitnesses of some important events in the community. The most impressive for the kids are the memories of the people about the gardeners of old time and the flood of 1943 in Zlataritsa. This involves the heroism of the people for saving their fellow citizens and the reconstruction of the damages. This all told by the coeval Vasil Uzunov. The activity in the center is documented in a register written by the kids and popularizes this form of media. In the centre every child finds itself and appreciates the opportunities for self-expression and team work, builds a positive attitude to its own personality and the personality of the one next to him. A kid there reveals its creativity, realizes the unity of diversity, forms a positive and a responsible attitude to the nature, rationalize universal values, makes friends, and feels useful and significant.

The most wonderful thing in a friendship is not when somebody gives you help or smile or a good companion, but when both inspire for life, which we receive when we know that somebody believes in us.

Do not search for strength and confidence out of yourself, because they're inside you. They were always there.