



Jungle in the heart of the city

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Lessons of nature can be an interesting adventure for students if we allow them to actively participate in such activities. Students must engage in educational activities but thanks to them they also better absorb more knowledge and abilities.

These types of activities also require proper preparation of the teacher, who should first get to know the area and next prepare a plan for the trip and also define objectives, tasks and issues that confront students.

By providing such training for teachers, you can show various methods and forms of work, which allow to use the resources of the local environment. The area of the Vistula River is such an amazing place in Warsaw (capital of Poland). The phenomenon of this place is its wildness in the heart of the city. Fortunately, urbanization has not destroyed its wildness.

Teachers are encouraged to use these unique resources in working with students. During the training they receive information and tools that help them to carry out such activities.

Outdoor activities give possibility for cross subjects integration that is essential in modern teaching because in this place the content of different subjects complement each other. During these classes students gain not only the theoretical knowledge but also a comprehensive knowledge and intelligently learn the world around us and experience the processes occurring in the natural environment and cultural heritage.

Interesting outdoor activities affect the growth of motivation of young people and affect their interest in natural subjects. During outdoor activities they observe the processes and phenomena in the natural place of their occurrence. Such activities can be treated both as providing the general overview for certain topics as well as its deepening. Students during an outdoor activity acquire abilities and improve practical skills. Also important is the ability to pursue educational goals. Observing the environment, students learn the culture of communing with nature.

Outdoor activities shape students attitudes and beliefs about the need for rational management of natural resources and to join the efforts for nature and the environment. You cannot here omit the fact that the students often during communication with nature can establish strong emotional ties, he/she becomes sensitive to its beauty, also convinced of the need to protect the environment and most importantly can feel partly responsible for her condition. Outdoor activities engage all students to work and not just the most talented. It also allows for direct contact with the environment, offers the possibility of physical activity in the open air, allows for involvement of all sense receptors and thus are recognized by students, regardless of their age, for the most attractive. According to Piaget's theory "Thanks to activity in the external world a child (person) achieves the knowledge of the methods and regularities of its functioning". The author points out how important is to teach by an action especially when the student alone can experience the world around him/her.