



## The Mediterranean

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Title: The Mediterranean Sea and the Mediterranean Region

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Learning is always a joyful experience for any human being and must always remain so. Children are happiest when they learn through play. The philosophy of my life is to keep encouraging children to think beyond they could achieve easily. I understand children are adaptive to change and take things with an open mind. They are ready to experiment new things and dare to dream big. I am fortunate to be a teacher by profession and thus I always attempt experimenting, observing and participating with other children and adults.

Education is not about moulding children the way you think they should be. It is about organizing the natural longing in a human being to know. From birth children are active participants in building their own understanding. I always prepare the environment to help each child build on what they already know. It is such a great pleasure to observe every young kid become excited and curious to know when we teach them.

Std 8 Geography the students are very excited to learn about this continent, with the help of Videos and a wall map the Political map of Europe with its countries shown I introduced the topic by asking 'If given a chance which place they would like to visit in Europe', students are familiar with the countries of their favourite football players and happily pointed out their destination.

The Mediterranean Region is a paradise the scenic beauty, the climate, the food along with a variety of fruits which are totally different from Asia increased the curiosity among the students.

With the help of case study of the Mediterranean Sea the students were able to research and present the history, the adventure sports the aquatic life and the twenty three beautiful islands located in the Mediterranean Sea.

Photos and videos helped me to explain the Mediterranean Sea The Formation of the Mediterranean Sea ( Youtube Video) which is otherwise completely enclosed by land. (The evaporating Mediterranean Sea – BBC (Video) Gibraltar Breach.mov). The Mediterranean Sea provides twenty one countries with coastline, making it an exciting destination full of options for those seeking fun and adventure in the Mediterranean Sea Region.

The cuisine, the people, their culture, places to visit and sports was explained. I thought such an interesting topic should be shared with other students as well so information about the Mediterranean region is given as an article to be published in the newspaper.

Pictures of the flora and fauna from the Mediterranean region were brought and pasted on chart paper for the bulletin board.

'Education is about enlarging a child's horizons, not about giving ready-made answers, but about nurturing an active intelligence which constantly searches and seeks and looks at everything in every possible way. And above all, it is for a child to know the joy of wondering about life.

We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet.' ( Sadhguru)

I am a firm believer in these words and strive to give the best to my students.