



# The influence of convective momentum transport and vertical wind shear on the evolution of a cold air outbreak

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## Key Points:

- Momentum transport (by convection) leads to substantially different surface winds in a cold air outbreak subjected to different wind shear.
- Mesoscale circulations associated with clouds can oppose turbulent drag (accelerate winds) under forward shear.
- Wind shear can speed up stratocumulus-to-cumulus transitions by influencing surface heat fluxes via (convective) momentum transport.

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This article has been accepted for publication and undergone full peer review but has not been through the copyediting, typesetting, pagination and proofreading process which may lead to differences between this version and the Version of Record. Please cite this article as doi: 10.1029/2019MS001991

## Abstract

To study the influence of convective momentum transport (CMT) on wind, boundary layer and cloud evolution in a marine cold air outbreak (CAO) we use Large-Eddy Simulations subject to different baroclinicity (wind shear) but similar surface forcing. The simulated domain is large enough ( $\mathcal{O}(100 \times 100 \text{ km}^2)$ ) to develop typical mesoscale cellular convective structures. We find that a maximum friction induced by momentum transport (MT) locates in the cloud layer for an increase of geostrophic wind with height (forward shear, FW) and near the surface for a decrease of wind with height (backward shear, BW). Although the total MT always acts as a friction, the interaction of friction-induced cross-isobaric flow with the Coriolis force can develop super-geostrophic winds near the surface (FW) or in the cloud layer (BW). The contribution of convection to MT is evaluated by decomposing the momentum flux by column water vapor and eddy size, revealing that CMT acts to accelerate sub-cloud layer winds under FW shear and that mesoscale circulations contribute significantly to MT for this horizontal resolution (250 m), even if small scale eddies are non-negligible and likely more important as resolution increases. Under FW shear, a deeper boundary layer and faster cloud transition are simulated, because MT acts to increase surface fluxes and wind shear enhances turbulent mixing across cloud tops. Our results show that the coupling between winds and convection is crucial for a range of problems, from CAO lifetime and cloud transitions to ocean heat loss and near-surface wind variability.

## Plain Language Summary

The vertical mixing of wind speed by shallow convection and clouds (called convective momentum transport, CMT) may play an important role in explaining boundary-layer winds in mid-latitude weather systems. In this study we use high-resolution simulations to study the influence of CMT on the evolution of winds and clouds in a typical high-latitude weather system: a cold air outbreak. In a cold air outbreak, strong surface fluxes and strong winds lead to extensive cloud decks that evolve as the system travels over increasingly warmer waters. To exemplify the role of wind mixing on surface winds and clouds we run simulations that are subject to different wind shear: from an increase of wind with height (Forward Shear; FW) to a decrease of wind with height (Backward Shear; BW). We find that wind mixing always acts to slow down winds in the main flow direction, but the height where drag maximizes depends on the direction of shear. Whereas small-scale turbulence always acts as a drag, the mesoscale circulations and clouds themselves can speed up winds under FW shear. Enhanced turbulent mixing across cloud top and faster surface winds under FW shear also lead the clouds to evolve faster from closed-deck stratocumulus to broken cumulus fields, which is important for their radiative impact. Our results show that CMT has a significant influence on surface winds and is thus important for understanding air-sea interaction and near surface wind variability, and as such, wind power generation.

## 1 Introduction

The influence of convective momentum transport (CMT) by shallow moist convection on large-scale atmospheric circulations is not well understood. One of the reasons is that studies of shallow convection have traditionally focused on first order effects of shallow convection, such as vertical mixing of moisture and cloud formation, as well as their influence on the energy budget. Another reason is that the turbulence-resolving models, which we use to study shallow convection, are run on domain sizes much smaller than that of atmospheric weather systems, so that the large-scale wind is traditionally prescribed. As such, it has perhaps too long been interpreted as a forcing unchanged by convection itself. Yet recent sensitivity tests with the European Center of Medium-range Weather Forecasting (ECMWF) IFS model show that long-standing biases in near-surface

67 wind speed and direction over global oceans (Sandu et al., 2013) may be linked to mo-  
68 mentum transport by shallow convection. In this study, we wish to better understand  
69 the importance of CMT in the momentum budget of cloud-dominated atmospheres that  
70 are subject to a different baroclinicity, *e.g.*, vertical shear in the large-scale horizontal  
71 wind.

72 The system we focus on is a marine cold air outbreak (CAO), wherein a coupling  
73 between winds and convection seems particularly pronounced. In a CAO, polar or cold  
74 continental air masses are advected over relatively warm oceans, which triggers large sen-  
75 sible and latent heat fluxes at the air-sea interface (Wayland & Raman, 1989; Grossman  
76 & Betts, 1990; Renfrew & Moore, 1999; Papritz & Spengler, 2017). These large surface  
77 heat and moisture fluxes drive strong turbulence and convection, which deepen the bound-  
78 ary layer from several hundred meters to typically 2 km and more in a period of several  
79 hours (Brümmer, 1996; J. Fletcher et al., 2016a). Clouds are abundant and often have  
80 pronounced mesoscale features, such as open-cellular convection or cloud streets further  
81 downstream along a CAO trajectory (Brümmer, 1999). The large surface heat fluxes are  
82 not only driven by the pronounced air-sea temperature difference, but also by stronger  
83 surface winds (Kolstad, 2017). While air-sea temperature differences diminish in response  
84 to large surface heat fluxes along CAO trajectories (Papritz et al., 2015), strong winds  
85 can help maintain those large fluxes. Strong surface winds, in turn, can be maintained  
86 by vertical mixing in the boundary layer, which can provide a downward flux of higher  
87 momentum air towards the surface, where winds are generally slowed due to surface drag.  
88 Climatologies of CAO's indeed reveal that low-level wind shear in the center of CAO's  
89 can reach values well above  $5 \text{ ms}^{-1} \cdot 100\text{hPa}^{-1}$  during the initial stage of a CAO (J. Fletcher  
90 et al., 2016a; J. K. Fletcher et al., 2016b). Typically, the shear becomes smaller through-  
91 out their evolution, which can be a signature of efficient vertical mixing. At the same  
92 time, CAO's tend to form in environments with pronounced vertical shear above the bound-  
93 ary layer, and more intense CAO's tend to form under somewhat stronger shear.

94 If CMT helps to maintain large surface heat fluxes, it is not only important for the  
95 lifetime of the CAO, but also for the buoyancy flux forcing of the ocean mixed layer (Marshall  
96 & Schott, 1999; Brümmer, 1996). Furthermore, the mesoscale organization of convec-  
97 tion and clouds appears closely linked to the mesoscale variations in near-surface winds  
98 that are typically observed over oceans ( $\mathcal{O}(2 - 100 \text{ km})$ ), (Overland & Wilson, 1984).  
99 Such large horizontal gradients in winds are important for marine activities and offshore  
100 wind energy production.

101 Yet representing the effects of characteristic mesoscale features in clouds and winds  
102 in a CAO is challenging for all global numerical models, including those that perform  
103 at "grey zone" resolutions, whereby convective or turbulent processes are partly resolved  
104 by the model and partly parameterized (Tomassini et al., 2017; De Roode et al., 2019).  
105 The Working Group on Numerical Experimentation (WGNE) GreyZone project used  
106 a CAO as their first case study to investigate whether parameterizations in global mod-  
107 els can capture the observed cloudiness, boundary layer and mesoscale structures. The  
108 GreyZone project emphasized that not just the scale-awareness of the convection scheme,  
109 but also the interaction of the convection with the boundary layer scheme are important  
110 issues to be studied in order to improve model performance. The relative role of convec-  
111 tion versus turbulence seems particularly important for the momentum flux. A hand-  
112 ful of LES studies have explored the nature of CMT and its representation through con-  
113 ventional mass flux schemes as used in global models (Kershaw & Gregory, 1997; Brown,  
114 1999; Siebesma et al., 2003; Zhu, 2015; Schlemmer et al., 2017). These studies reveal that  
115 a mass flux scheme may not fundamentally be appropriate for the momentum flux, which  
116 has significant contributions from clear-sky turbulence even in the cloud layer, and is ad-  
117 ditionally altered by local pressure gradients and gravity waves. A recent study by (Larson  
118 et al., 2019) shows that prognosing momentum fluxes with a higher-order model closed  
119 with an assumed PDF works well for subtropical shallow cumulus cases in which the mo-

120 momentum flux has a three layer structure, with down-gradient momentum flux below cloud  
121 base, counter-gradient momentum flux through cloud base, and weak momentum flux  
122 in the cloud layer.

123 The objective of our study is to better understand how CMT helps set mean bound-  
124 ary layer winds in the midlatitudes *e.g.*, can it explain the weak low-level wind shear as  
125 found in climatologies of CAOs. Secondly, we wish to understand the relative influence  
126 of turbulent mixing versus coherent updrafts or mesoscale circulations (the convection)  
127 to the momentum flux. And finally, we question how the cloud and boundary layer tran-  
128 sitions that are so typical of a CAO depend on vertical shear (via the effect of CMT).

129 We study this problem by running a Lagrangian LES of a well-observed CAO case  
130 developed by the WGNE Greyzone project (P. Field et al., 2014), which we subject to  
131 different vertical shear in one of the wind components. By keeping the initial surface wind  
132 speed the same, we focus on the effect of momentum transport associated with shear,  
133 and not on the influence of wind speed itself. In another set of simulations, we completely  
134 remove the surface flux response to changes in surface winds that will nevertheless de-  
135 velop, which helps reveal any direct effect of shear on the structure and evolution of tur-  
136 bulance and clouds. In section 2, we describe the set up and methodology of our LES  
137 simulations. In section 3, we discuss some general features of the wind evolution in the  
138 CAO and describe the contribution of momentum transport to the kinetic energy bud-  
139 get. In section 4, we discuss the nature of the momentum transport profiles and the scales  
140 at which the transport takes place. Finally, in section 5 we present the evolution of the  
141 boundary layer and its clouds under different vertical shear in the geostrophic wind.

## 142 2 Methodology

### 143 2.1 Case Set Up and DALES

144 Our analysis is based on turbulence-resolving simulations of the CONSTRAIN case  
145 using the Dutch Atmospheric Large Eddy Simulation (DALES) model, which is an open-  
146 source LES code developed in the Netherlands (Heus et al., 2010). The CONSTRAIN  
147 case set up is based on a CAO trajectory spanning from the Norwegian Sea towards the  
148 Atlantic Ocean (66N11W - 60N8.7W) that took place on January 31st 2010. This was  
149 a classical CAO, whereby strong meridional flow carried cold air masses southward over  
150 increasingly warmer waters, leading to the typical transition from stratocumulus to shal-  
151 low cumulus clouds. This type of transition is discussed in (Brümmer, 1997). Using high  
152 resolution limited area model (LAM) simulations performed with the Met Office Uni-  
153 fied Model, an idealized LES case was constructed, which prescribes initial thermody-  
154 namic and dynamic profiles and large-scale forcings (P. Field et al., 2014).

155 In short, initial profiles of liquid water potential temperature and total water spec-  
156 ific humidity are characterized by a well-mixed boundary layer capped by a strong in-  
157 version at  $\approx 1.5$  km, figure 1a,b. A time varying SST is prescribed to mimic a Lagrangian  
158 system that moves southward 1c. This surface forcing and the interactive radiation are  
159 the only time-varying forcings we prescribe. Large-scale horizontal advection is ignored  
160 and the subsidence is prescribed as a time-varying profile that is only applied to ther-  
161 modynamics ( $q_t$  and  $\theta_t$ ), but not to momentum as to preserve mass continuity, as de-  
162 scribed in the Appendix of (De Roode et al., 2019). Hence, in our simulations we decou-  
163 ple the clouds from their large-scale forcing, assuming that the adjustment of the bound-  
164 ary layer to imposed forcing acts on short time scales. This choice is motivated by our  
165 desire to gain insight into the role of boundary layer processes and somewhat supported  
166 by observational and modelling studies, which show that the development of the con-  
167 vective boundary layer embedded in CAOs is largely driven by subsynoptic-scale con-  
168 ditions, such as surface latent and heat fluxes, buoyancy and cloud-top wind shear (Boers  
169 & Melfi, 1987; Boers et al., 1991; Wayland & Raman, 1989; Raasch, 1990; Brümmer, 1999).

170 The simulations are run on a domain of  $96 \times 96 \text{ km}^2$  in the horizontal and 5 km  
 171 in the vertical, with a horizontal resolution of  $\approx 250 \text{ m}$ , and a vertical resolution of 25 m  
 172 up to 3 km, which is stretched with a parameter  $\alpha = 1.02$  in the remaining 2 km. This  
 173 horizontal resolution is sufficient to capture the closed and open cell structure of the cloud  
 174 deck (Wang & Feingold, 2009). All simulations are run for 14.5 hours, of which the first  
 175 2 hours are considered as spin-up time and are not included in the statistics.

176 A recent intercomparison study discusses the representation of the cloud transi-  
 177 tion in this CAO as simulated with different LES codes (De Roode et al., 2019). The evo-  
 178 lution and timing of the transition from closed to open cells can differ between LES codes.  
 179 Although all models eventually break up the stratocumulus cloud deck, DALES is par-  
 180 ticularly slow in performing the transition. Adding ice microphysics and reducing the  
 181 cloud droplet concentration from 50-100 to  $10 \text{ cm}^{-3}$  can speed up the transition (P. R. Field  
 182 et al., 2017). Given the tendency of DALES to postpone the cloud transition, we here  
 183 set the number of cloud droplets to  $10 \text{ cm}^{-3}$  (compared to  $50 \text{ cm}^{-3}$  in the original set  
 184 up). This small number of only  $10 \text{ cm}^{-3}$  was observed in the cumulus dominated phase  
 185 of the transition (P. R. Field et al., 2017). In this study DALES is used with a 2-moment  
 186 bulk microphysics scheme (Seifert & Beheng, 2001), with an interactive radiation scheme  
 187 from (Fu & Liou, 1992; Fu et al., 1997; Pincus & Stevens, 2009), and a hybrid 5th or-  
 188 der advection scheme for momentum and scalars.

## 189 2.2 Wind Shear and Surface Fluxes

190 In the original case set up the initial horizontal wind profiles differ from geostrophic  
 191 balance, which leads to inertial oscillations. As our focus is on the evolution of wind pro-  
 192 files, we wish to avoid these oscillations and therefore use initial wind profiles that are  
 193 equal to the geostrophic wind profiles (Schlemmer et al., 2016, 2017).

194 Our prescribed wind profiles are inspired by the climatology of wind shear in ma-  
 195 rine CAO's derived from ERA-Interim reanalysis data (November - April, from 1979 to  
 196 2016, (Dee et al., 2011)). To compile this climatology, we identified air masses that are  
 197 substantially colder than the sea surface, i.e.,  $\theta_{SST} - \theta_{900} > 4\text{K}$  (Papritz & Spengler,  
 198 2017). Wind shear is considered between the lowest model level (approx. 10 m AGL)  
 199 and 800 hPa which is a typical inversion height. Four types of low-level shear are dis-  
 200 tinguished relative to the wind at 900 hPa ( $\nu$ ): weak shear ( $|\partial_z \nu| < 1 \text{ ms}^{-1}(100\text{hPa})^{-1}$ ),  
 201 and three cases for  $|\partial_z \nu| \geq 1 \text{ ms}^{-1}(100\text{hPa})^{-1}$ , identified by the magnitude of the co-  
 202 sine of the angle between the wind and the wind shear vector  $\cos \alpha = (\nu \partial_z \nu) |\nu|^{-1} |\partial_z \nu|^{-1}$ .  
 203 Namely Forward Shear ( $\cos \alpha > 2^{-1/2}$ ) (see also Figure 1d), Backward Shear ( $\cos \alpha <$   
 204  $-2^{-1/2}$ ), and lateral shear, where the wind shear vector deviates by more than  $45^\circ$  from  
 205 the direction of the background flow ( $-2^{-1/2} \leq \cos \alpha \leq 2^{-1/2}$ ). In the region of the  
 206 CONSTRAIN case, the wind shear magnitude in the boundary layer ranges from 2 to  $4 \text{ ms}^{-1}(100\text{hPa})^{-1}$ .  
 207 The most common shear is the Forward Shear (FW) 25–35 %, while the Backward Shear  
 208 (BW), weak shear (NS) and lateral shear categories contribute about 10 – 25 % each  
 209 (Figure 2). In this study we are predominantly interested in shear in the direction of the  
 210 background flow and will not consider the lateral shear case.

211 CAOs are typically embedded in northerly flow to the west of a low pressure sys-  
 212 tem, with higher pressure to the west (Zolina & Gulev, 2003; Kolstad et al., 2009). The  
 213 large-scale shear is to first order determined by thermal wind balance. This is confirmed  
 214 by composites of  $\theta_{900}$  and wind shear for CAO cases in the CONSTRAIN region with  
 215 predominantly northerly flow at 900 hPa. Forward shear cases occur under the influence  
 216 of a strong low pressure system in the Norwegian Sea in cyclonically curved flow. Thereby,  
 217 a tongue of cold air extends to the east of the region such that the thermal wind has a  
 218 strong southward component and is, thus, aligned with the background flow (Figure 3a).  
 219 In the backward shear case, in contrast, the CAO is embedded in anticyclonically curved  
 220 flow with the tongue of cold air extending to the west of the region, resulting in north-

ward directed thermal wind opposing the background flow (Figure 3c). Finally, in the weak shear case the centerline of the CAO air mass is aligned with the CONSTRAIN region (Figure 3b).

We will run the CONSTRAIN case setup with three different profiles of the meridional wind (note that the zonal wind component is one order of magnitude smaller than the meridional component for the CONSTRAIN case) that correspond to the FW, NS, and BW shear in the climatology (Figure 1d). The meridional winds are  $-15 \text{ ms}^{-1}$  at the surface and are subjected to a vertical shear of  $\pm 2.4 \text{ ms}^{-1} \text{ km}^{-1}$  in the FW and BW shear cases. The zonal wind is initialized to constant zero in all simulations. Galilean transformations are applied to the wind fields to reduce the cross-grid fluxes ( $-18 \text{ ms}^{-1}$ ,  $-12 \text{ ms}^{-1}$ ,  $-15 \text{ ms}^{-1}$  respectively in FW, BW and NS in the meridional direction, and  $+2 \text{ ms}^{-1}$  in the zonal direction, because the  $u$  wind will quickly evolve from its initial value equal to zero due to Coriolis forces).

The surface fluxes are calculated using standard bulk aerodynamic formulae:

$$\psi w|_s = -C_S |U|_s (\psi_{L1} - \psi_s), \quad (1)$$

$$u_* = \sqrt{C_M} |U|_s, \quad (2)$$

where  $\psi \in \{q_t, \theta_l\}$ , the subscript  $s$  stands for surface and  $L1$  stands for the first level above the surface,  $|U|_s$  is the total surface wind speed. The quantities  $C_S$  and  $C_M$  depend on the scalar and wind roughness length respectively. The surface pressure is prescribed at 1009hPa and the roughness length for momentum is  $z_0 = 6.6 \cdot 10^{-4} \text{ m}$  and for scalars  $z_T = 3.7 \cdot 10^{-6} \text{ m}$ .

With this formulation, the surface fluxes are *interactive* in that they directly depend on the surface wind speed (Equation 1,2) and on the near-surface gradient in scalar variable (Equation 1). The larger the surface wind speed, also the larger the momentum flux  $u_*$  (*e.g.*, the surface stress). We purposely prescribe initial and geostrophic wind profiles that have the same wind speed at the surface, because we are interested in the effect of momentum transport that can be revealed by different shear in the winds, and not the effect of surface wind itself. As our results show, different surface winds and thus different air-sea heat exchanges will develop under different wind shear due to momentum transport, which is an important first-order effect. In section 5 we will explore how the boundary layer evolves differently when we prescribe the surface wind speed in the calculation of the surface heat fluxes (Equation 1).

### 3 Wind Turning, Momentum Transport and the Kinetic Energy Budget

Our first objective is to understand the role of CMT in setting the mean winds in the CAO. Because the clouds and underlying convection undergo a transition during the 14.5 hours of the simulation, during which the air mass is advected over warmer water, we discuss some of the general characteristics of the evolution first and identify different (cloud) phases during the simulation.

#### 3.1 General CAO Evolution

In response to increasing SSTs (Figure 1c) the cloud deck transitions from a closed cellular to an open cellular structure, as illustrated in Figure 4, which shows the albedo in the three stages of the transition for the FW shear case. Three phases of the transition can be distinguished: a *stratocumulus phase I* (Figure 4a,d) from the 2nd to the 6th hour, a *transition phase II* (Figure 4b,e) from the 6th to the 10th hour, and a *cumulus phase III* (Figure 4c,f) from the 10th hour to the end of the simulation.

267 All three shear simulations have a similar cloud structure in the first phase, where  
 268 stratocumuli are present, except that the FW shear case has a slightly higher cloud deck  
 269 (Figure 4d). In the transition phase, cumulus clouds are forming below the stratocumu-  
 270 lus deck, and a higher cloud base and cloud top, and a lower cloud fraction maximum  
 271 in the FW case are more pronounced. In the last phase, all three cases retain part of the  
 272 stratocumulus deck, but with the smallest cloud fraction in the FW case.

273 The mean profiles of horizontal winds, specific humidity and potential temperature  
 274 throughout the 14.5 hour simulation are shown in Figure 5 for the three shear cases. Ev-  
 275 idently, differences in the mean thermodynamic properties under different wind shear de-  
 276 velop, although they remain relatively small. The boundary layer in the FW case is deeper,  
 277 warmer and more humid. The deeper boundary layer can be explained by the larger sur-  
 278 face winds and thus surface fluxes that develop under FW shear. This exemplifies the  
 279 first order effect of wind shear that is established through momentum transport. Although  
 280 the surface winds are the same at the start of the simulation, they evolve differently as  
 281 momentum transport mixes wind speeds across the boundary layer. This mixing is very  
 282 efficient, as revealed by the constancy of the meridional wind with height throughout the  
 283 boundary layer in the three different shear cases.

284 In section 5 we return to the small but notable differences in the thermodynamic  
 285 evolution of the CAO. First, we will focus on the evolution of the wind profiles and the  
 286 resulting wind turning, and ask which processes influence this evolution.

### 287 3.2 Sensitivity of Wind Turning to Shear

288 The meridional winds near the surface are about 1, 2.5 and 3.5  $\text{ms}^{-1}$  slower than  
 289 their geostrophic value of 15  $\text{ms}^{-1}$  in the FW, NS and BW case respectively. The zonal  
 290 winds are 1, 2 and 1.5  $\text{ms}^{-1}$  faster than their initially zero values. The interplay between  
 291 frictional forces and the Coriolis force helps explain why the zonal wind component de-  
 292 velops (Equation 5). Initially, the mean flow is purely southward, but frictional forces,  
 293 including surface drag, will immediately establish a wind component perpendicular to  
 294 the mean flow and across isobars, towards the region with lower pressure. In this case,  
 295 a positive zonal wind develops (see also Figure 6). This effect is stronger in the sub-cloud  
 296 layer, as can be seen in the left panel of Figure 6. In the FW shear case, vertical mix-  
 297 ing will bring stronger meridional winds towards the surface. This leads to less wind turn-  
 298 ing and thus weaker zonal winds at the surface (Figure 5a). Near the top of the bound-  
 299 ary layer, the opposite effect is seen: the upward mixing of relatively slow meridional winds  
 300 in the FW case, leads to greater wind turning than in the NS and BW cases. In real at-  
 301 mospheres, the CAO system as a whole may not be turning in such a way, because our  
 302 simulations ignore one important forcing: the large-scale horizontal advection of momen-  
 303 tum. We presume that this horizontal momentum advection could largely counteract the  
 304 strong turning at this latitude. Hence, our simulations serve to exemplify the effects in-  
 305 troduced by momentum mixing in the presence of a strong Coriolis effect.

306 This analysis is also important for understanding the cause of the stronger than  
 307 geostrophic winds that develop. For instance, in the lower part of the boundary layer  
 308 under FW shear, the meridional wind component is larger than geostrophic, which also  
 309 leads to stronger total wind speeds. Is this the result of the downward transport of stronger  
 310 meridional winds that exist in the upper boundary layer? To answer this question, it is  
 311 useful to explore the kinetic energy budget, and the role of momentum transport therein.

### 312 3.3 The Role of Momentum Transport in the Kinetic Energy Budget

313 The tendencies introduced by momentum transport - accelerations or decelerations  
 314 - can be derived from the profile of zonal and meridional momentum flux (Figure 7a,b).  
 315 In the NS case, the meridional momentum transport profile  $\bar{v}'w'$ , which includes both

316 resolved motions and the parameterized sub-grid motions in LES, linearly decreases from  
 317 the surface to zero at the top of the boundary layer. Such a linearly decreasing profile  
 318 is well-known for clear convective boundary layers (Conzemius & Fedorovich, 2006; Fe-  
 319edorovich & Conzemius, 2008) and translates to a constant deceleration of the meridional  
 320 flow throughout the entire boundary layer (Figure 7d). Under FW and BW shear the  
 321 meridional momentum flux  $\overline{v'w'}$  also decreases with height, albeit with some more *con-*  
 322 *cavity* in the profiles. This non-linear feature modifies the impact of momentum trans-  
 323 port in the momentum budget, depending on the height (Figure 7d), which we explore  
 324 further below by studying the kinetic energy budget. The profiles of the zonal momen-  
 325 tum flux  $\overline{u'w'}$  show even larger dependence on the background wind (Figure 7a). These  
 326 concave momentum fluxes profiles are a result of momentum transport that acts to re-  
 327 move the shear in the zonal wind profiles (Figure 7c), which are never well-mixed due  
 328 to the different wind turning present at different heights.

329 The horizontal momentum budget may be written as:

$$330 \quad \partial_t \bar{u} + \bar{u} \partial_x \bar{u} + \bar{v} \partial_y \bar{u} + \bar{w} \partial_z \bar{u} = -\partial_x \overline{u'u'} - \partial_y \overline{u'v'} - \partial_z \overline{u'w'} + f(\bar{v} - v_g), \quad (3)$$

$$331 \quad \partial_t \bar{v} + \bar{u} \partial_x \bar{v} + \bar{v} \partial_y \bar{v} + \bar{w} \partial_z \bar{v} = -\partial_x \overline{v'u'} - \partial_y \overline{v'v'} - \partial_z \overline{v'w'} - f(\bar{u} - u_g), \quad (4)$$

332 where the overbars represent mean states, primes are deviations from the mean states,  
 333  $u_g$  and  $v_g$  are the geostrophic wind components and  $f$  is the Coriolis parameter. Ignor-  
 334 ing horizontal and vertical advection of momentum (see also section 2.1) and assuming  
 335 horizontal homogeneity so that the first terms on the right hand side are approximately  
 336 zero, the horizontal momentum budget becomes:

$$337 \quad \partial_t \bar{u} = -\partial_z \overline{u'w'} + f(\bar{v} - v_g), \quad (5)$$

$$338 \quad \partial_t \bar{v} = -\partial_z \overline{v'w'} - f(\bar{u} - u_g), \quad (6)$$

339 The first term on the right hand side is the momentum transport divergence. The terms  
 340  $f(\bar{v} - v_g)$  and  $-f(\bar{u} - u_g)$  are the combination of the Coriolis force and the large-scale  
 341 pressure gradient, also called the “ageostrophic component”. The Kinetic Energy is def-  
 342 ined as  $KE = \frac{1}{2}(\bar{u}^2 + \bar{v}^2)$ , whose tendency is  $\partial_t(KE) = \bar{u}\partial_t\bar{u} + \bar{v}\partial_t\bar{v}$ . The KE budget  
 343 equation is derived by multiplying the first equation by  $\bar{u}$  and the second by  $\bar{v}$  and then  
 344 summing the two equations. When doing so, the Coriolis forcing terms cancel out, leav-  
 345 ing the momentum transport and the pressure gradient terms as follows

$$346 \quad \partial_t(KE) = -(\bar{u}\partial_z \overline{u'w'} + \bar{v}\partial_z \overline{v'w'}) + (-f\bar{u}v_g + f\bar{v}u_g). \quad (7)$$

347 The first term in parentheses on the right hand side is the momentum transport contri-  
 348 bution to the kinetic energy, and the second term in parentheses is the large-scale pres-  
 349 sure gradient contribution. In these simulations  $u_g \equiv 0$ , and  $\bar{u}\partial_z \overline{u'w'}$  is one order of  
 350 magnitude smaller than  $\bar{v}\partial_z \overline{v'w'}$ . Therefore, the KE budget may be approximately writ-  
 351 ten as:

$$352 \quad \partial_t(KE) \approx -\bar{v}\partial_z \overline{v'w'} - f\bar{u}v_g. \quad (8)$$

353 Figure 8 shows the kinetic energy budget profiles (Equation 8) for each simulation, with  
 354 from left to right the KE tendency, the momentum transport (MT) term and the large-  
 355 scale pressure gradient term. The terms are shown for three phases of the transition, which  
 356 reflects the oscillation of winds, whereby kinetic energy production first increases and  
 357 then decreases.

358 The momentum transport divergence  $-\nabla \cdot \text{MT}$  acts to oppose the large-scale in-  
 359 crease in kinetic energy (Figure 8b,e,h). The generation of kinetic energy takes place as  
 360 the winds turn across isobars away from the imposed geostrophic wind direction, in other  
 361 words, through the interaction of zonal wind  $u$  with the geostrophic wind  $v_g$  (the sec-  
 362 ond “large-scale” term on the r.h.s. of Equation 8, in the rightmost panels in Figure 8).  
 363 The presence of the zonal wind can be thought of as a reservoir of momentum for the

364 meridional flow. The wind speeds that become stronger than geostrophic near the sur-  
 365 face in the FW case or near cloud tops in the BW case (Figure 5b) are thus a result from  
 366 the energy created as cross isobaric flow or ageostrophic winds arise. In fact, since  $u_g \approx$   
 367  $-\partial_y p$  and  $v_g \approx \partial_x p$ , the term  $-f\bar{u}v_g + f\bar{v}u_g$  is the work done by the pressure gradient  
 368 force,

$$-f\bar{u}v_g + f\bar{v}u_g \approx -f\bar{u}\partial_x p - f\bar{v}\partial_y p. \quad (9)$$

369 The effect of the Coriolis force is then to induce the turning of the zonal wind compo-  
 370 nent in the meridional direction.

371 Momentum transport introduces a deceleration in all cases (with the exception of  
 372 a few hundred meters near cloud tops in the BW shear case). In the NS case, the con-  
 373 tribution by momentum transport is mostly constant throughout the layer during each  
 374 phase. For the FW shear case, the friction introduced by MT is much larger in the cloud  
 375 layer ( $-5 - -4 \text{ ms}^{-3}$ ), whereas in the BW shear case the sub-cloud layer experiences  
 376 more friction ( $-4 - -3 \text{ ms}^{-3}$ ).

377 In all cases, as the inertial oscillations cause the flow to approach geostrophic bal-  
 378 ance, the production of kinetic energy through the cross-isobaric flow will be reduced (such  
 379 as in the third phase). The friction induced by MT then dominates, slowing down the  
 380 CAO airmass (a negative KE tendency, Figure 8a,d,g).

#### 381 4 Role of Shallow Convection in Momentum Transport

382 In this section, we address how turbulence respectively convective motions help shape  
 383 the MT profile, and how these contributions change with shear. The momentum trans-  
 384 port profile depends on the distribution of the vertical velocity, updrafts and downdrafts  
 385 and their intensity and location, and on the distribution of the horizontal winds with re-  
 386 spect to this structure. The scales of variability involved in setting the momentum flux  
 387 is rich, as illustrated in Figure 9, which displays the total wind field perturbation  $U'$ , where  
 388  $U = \sqrt{u^2 + v^2}$  is the total wind and  $U' = U - \bar{U}$ , as well as the buoyancy field at  $z =$   
 389  $50 \text{ m}$  at the end of the simulation for the FW, NS and BW cases. The black lines are  
 390 cloud contours at  $q_l = 2 \cdot 10^{-4} \text{ kg} \cdot \text{kg}^{-1}$  at  $1.5 \text{ km}$ . For the sake of clarity, we zoomed  
 391 in on a  $50 \times 50 \text{ km}^2$  sub-domain.

392 The snapshots reveal the pronounced mesoscale circulations between the closed and  
 393 open cells present in the cloud field. These circulations develop due to horizontal heat-  
 394 ing gradients, and are generally thought to be caused by evaporation of precipitation (cold  
 395 pools), radiative and surface flux feedbacks (Wang & Feingold, 2009; Seifert & Heus, 2013;  
 396 Muller & Bony, 2015) or water vapour - convection feedbacks (Bretherton & Blossey,  
 397 2017). The near surface horizontal wind fields are characterized by divergence and con-  
 398 vergence patterns of the cold pools. Because the FW shear case develops a deeper bound-  
 399 ary layer and more precipitation (see section 5), the cold pools here are stronger and larger  
 400 than in the NS and BW shear cases (areas of negative buoyancy in Figure 9, second row).  
 401 For example, one may consider the cold pool at  $x = 10 \text{ km}$ ,  $y = 10 \text{ km}$  in the FW shear  
 402 case. The horizontal wind in the corresponding region shows two diverging patches of  
 403 faster (red) and slower (blue) winds, where faster here means a stronger southward mov-  
 404 ing flow. Within these larger wind structures, also many smaller wind variations can be  
 405 seen, where wind gradients can be up to  $6 \text{ ms}^{-1}$  within few kilometres.

406 The momentum flux profiles that correspond to such variability are illustrated us-  
 407 ing x-z snapshots during the cumulus cloud regime (phase III) taken at  $y \approx 48 \text{ km}$ ,  
 408 see Figure 10. The snapshots show, from top to bottom: the vertical velocity anom-  
 409 alies (from the domain mean), the meridional wind anomalies, and the meridional mo-  
 410 mentum flux. The updrafts in the sub-cloud layer are linked to cumulus clouds overhead  
 411 and can have peaks up to  $4 \text{ ms}^{-1}$ , while downdrafts are weaker,  $-1 - -2 \text{ ms}^{-1}$ , and lo-  
 412 calized in the clear sky regions and at the clouds' edges. Stronger and wider updrafts

	Q1	Q2	Q3	Q4
FW	[3.68 , 4.50]	(4.50 , 4.70]	(4.70 , 4.94]	(4.94 , 6.78]
BW	[3.72 , 4.28]	(4.28 , 4.44]	(4.44 , 4.62]	(4.62 , 5.90]
NS	[3.68 , 4.36]	(4.36 , 4.56]	(4.56 , 4.76]	(4.76 , 6.38]

**Table 1.** Quartiles intervals of CWV [ $\text{kg} \cdot \text{kg}^{-1}\text{m}$ ], for the FW, BW and NS case.

413 are visible in the FW case, which develop larger cold pools and stronger convergence (Fig-  
 414 ure 9) and lead to deeper and fatter clouds compared to the NS and BW shear cases.  
 415 Evidently, the regions with strong updrafts have a meridional wind that is slower than  
 416 the mean flow (red), as air from near the surface is transported upward (second row of  
 417 Figure 10). Therefore, winds within clouds and within the cloud layer generally tend to  
 418 be moving slower than the mean airmass. This effect is less clear for the NS and BW shear  
 419 cases, in which wind speeds in the cloud layer are much closer to wind speed near the  
 420 surface. Strong cancellations in the product of  $w'$  and  $v'$  occur, so that the momentum  
 421 flux itself (third panel) is only strongly pronounced in the updraft areas underneath and  
 422 within clouds. In other words, the bulk of the positive vertical flux of meridional mo-  
 423 mentum seems carried by the areas with strong moist convection, but they also have a  
 424 much smaller statistical weight, as they occupy a small portion of the domain (see the  
 425  $v'w'$  snapshots in Figure 10). These cross sections represent only a small part of the do-  
 426 main. In the following we attempt to quantify the overall contributions of convective mo-  
 427 tions by sampling on column water vapour. Additionally, we perform a spectral anal-  
 428 ysis on the 3D turbulence fields to quantify the contribution of different scales to the mo-  
 429 mentum flux.

#### 430 4.1 Wind and Momentum Flux Sampled on Column Water Vapor

431 Here we average the momentum fluxes over different parts of the domain ordered  
 432 by their column water vapour (CWV, defined as the integral of  $q_t$  in the vertical direc-  
 433 tion), where we assume convective and cloudy regions tend to be the moistest regions  
 434 within the domain. This method also gives statistical weight to these regions, an aspect  
 435 that cannot be truly appreciated by looking at the snapshots. The distributions in CWV  
 436 range from 3 to 7  $\text{kg} \cdot \text{kg}^{-1}\text{m}$  with intervals  $\Delta\text{CWV} = 0.02 \text{ kg} \cdot \text{kg}^{-1}\text{m}$  (the density is  
 437 not included).

438 Figure 11 shows slab averages of quartiles of momentum fluxes  $v'w'$  (only the re-  
 439 solved fluxes) and of wind profiles  $v'$  ordered in such manner, in the last two hours of  
 440 the simulation (during the cumulus phase III). We identify four quartiles of CWV (based  
 441 on the frequency of occurrence), as in table 1.

442 The first quartile (Q1) contains what we assume are mostly clear sky regions, as  
 443 revealed from the cloud fraction profiles over just these columns (Figure 11a-c). The re-  
 444 maining quartiles contain regions with clouds, and the fourth quartile (Q4) represents mostly  
 445 columns with clouds, as the cloud fraction approaches 100 % (Figure 11a-c). We shall  
 446 refer to Q2 and Q3 as the environment regions of convective updrafts and to Q4 as the  
 447 cloudy region.

448 The quartiles of vertical velocity show that CWV nicely separates the areas of strong  
 449 versus weak convection. They also show that vertical velocity distributions are not strongly  
 450 affected by the wind shear (Figure 11d-f), different from what might be expected for more  
 451 vigorous convection, where wind shear itself has long been shown to help organize deep  
 452 convective cells into storms and squall lines (Weisman & Klemp, 1984).

453 The first (mostly clear sky regions), second and third (partially cloudy regions) quar-  
 454 tiles have positive momentum fluxes throughout the layer, which are generally linearly  
 455 decreasing, and do not extend much in the cloud layer. In these regions the meridional  
 456 flow experiences a deceleration due to momentum transport. They account for  $\approx 60\%$   
 457 of the flux in the sub-cloud layer ( $\approx 20\%$  each). The fluxes of Q1 and Q2 are estab-  
 458 lished by strong and weak downdrafts respectively (Figure 11d-f), which carry large and  
 459 small negative meridional wind anomalies (which here means stronger than mean merid-  
 460 ional flow) 11g-i. The downward transport in Q2 is larger in the cloud layer and it is lo-  
 461 cated at the edges of the clouds (Figure 11a-c), in accordance with the study in (Heus  
 462 & Jonker, 2008), but it does not contribute much to the total flux.

463 The strongly convecting moist areas (Q4) dominate the meridional momentum flux  
 464 (Figure 11j-l) compared to the drier areas with weakly or strongly subsiding motions (Fig-  
 465 ure 11d-f). In fact, Q4 contributes more than 30% of the flux in the sub-cloud layer,  
 466 and for almost all of it in the cloud layer. In Q4 the momentum flux profile no longer  
 467 decreases with height under FW shear, or much less so under NS or BW shear. Under  
 468 FW shear large positive anomalies (slower wind) found in the cloud layer (or near 1 km)  
 469 lead to a weaker decrease in momentum flux at those levels (Figure 11j-l). In other words,  
 470 the momentum transport carried by convective updrafts tend to accelerate winds in the  
 471 sub-cloud layer. This is less true, but still evident for the NS case. It exemplifies how  
 472 important the shear profile is for understanding the tendency introduced by momentum  
 473 transport.

## 474 4.2 Momentum Flux Contribution by Scale

475 The variety of scales involved in the structure of the horizontal winds (Figure 9)  
 476 raises the question, which scales contribute the most to the momentum fluxes, and in  
 477 which way. This issue has also been investigated by (Zhu, 2015), with the purpose of as-  
 478 sessing the validity of the mass flux approach for momentum transport. A powerful tech-  
 479 nique to investigate this is the 2D Fourier transform of the horizontal and vertical wind  
 480 fields. Following Parseval's theorem, as explained by (Zhu, 2015), the momentum fluxes  
 481  $\overline{u'w'}$  ( $\overline{v'w'}$ ) are integrated over all wavenumbers of the co-spectra of the Fourier trans-  
 482 form of  $u'$  ( $v'$ ) and  $w'$ . The Fourier analysis is performed on the 3D fields (2D hori-  
 483 zontal fields at each height level), which are collected every 30 min for a period of two hours  
 484 during the cumulus phase (III).

485 Figure 12 shows the normalized co-spectra (hence the pdf) of  $v'$  and  $w'$  as a func-  
 486 tion of decreasing eddy size for FW, NS and BW. The green lines are for a layer from  
 487 the surface up to 800 m ( $\approx$  sub-cloud layer), and the purple lines for a layer from 800 m  
 488 to 1600 m ( $\approx$  cloud layer). The y-axis corresponds to the percentage of flux carried by  
 489 each wavenumber or eddy size. Because the horizontal grid size is  $x \approx 250$  m, the small-  
 490 est resolved eddy here is 500 m, while the largest eddy that can be captured by the spec-  
 491 tral analysis is 48 km (half the domain size). Above the surface (from 500 m on), all co-  
 492 spectra peak at eddy size 12 km, which corresponds to about the size of the cold pools  
 493 present in the simulations. A positive value implies a positive correlation of  $v'$  and  $w'$ ,  
 494 while a negative value implies a negative correlation. A positive correlation means that  
 495 the updrafts carry mostly slower than average winds (positive  $v$  anomalies), while down-  
 496 drafts mostly carry faster than average winds (negative  $v$  anomalies). The normalized  
 497 co-spectra of the FW and NS cases are similar and always positive throughout both the  
 498 sub-cloud and the cloud layer. In the sub-cloud layer, medium to small-scale eddies carry  
 499 most of the flux, whereas in the cloud layer larger scales are important. In comparison,  
 500 the BW shear case has more variable co-spectra, which are on average positive in the  
 501 sub-cloud layer, but negative in the cloud layer. This can be seen in Figure 13, where  
 502 the momentum flux in the BW case is positive in the sub-cloud layer, and negative in  
 503 the cloud layer (green line). The reason for this behavior can be found in the prescribed  
 504 geostrophic and initial wind, Figure 5b. In the BW shear case, faster winds are trans-

ported upward, and deposited in the cloud layer (compare the initial profile and the mean state of the meridional wind in Figure 5b). This type of transport is described by a negative correlation of  $v'$  and  $w'$  in the cloud layer. Furthermore, the updrafts that are strong enough to perform this task mostly belong to the cloudy convective region, as can be seen in Figure 11i, where the faster winds ( $v' < 0$ ) in the cloud layer are found in the fourth quartile Q4. Of course, the negative  $v'w'$  can also be generated by downdrafts that carry slower than average winds ( $v' > 0$ ). This is the case of downdrafts associated with local cloud circulation, and with cloud top entrainment. These processes are indeed responsible for the negative fluxes right above the boundary layer top also in the FW and the NS case (Figure 11j,k,l). By analyzing the contributions to momentum flux given by updrafts and downdrafts, it emerges that along with downdrafts and cloud-top entrainment, the updrafts are responsible for the negative flux only in the BW shear case (not shown here).

Looking at the spectral contributions accumulated over a range of sizes is perhaps more informative to answer whether small-scale turbulence or larger coherent mesoscale motions are more important. Here we divide the co-spectra into three contributions: the large, medium and small scale eddies, which are separated by the dashed lines in Figure 12. The large scales range from half the domain size to 4.8 km. The medium scales range from 4.8 km to 1.2 km, and the remaining eddy sizes account for the small scales, which thus represent all turbulent and convective motions up to scales of about the boundary layer height. In this type of visualization, the area under the curves in Figure 12 is representative of the percentage of flux carried by a group of eddy sizes, rather than the individual percentage carried by each wave. In Figure 13 the momentum flux profiles that correspond to the cumulative co-spectra of these three groups are displayed. The solid black lines correspond to the resolved momentum fluxes, and the thin dotted lines to the sub-grid scale fluxes. The nature of the differences in flux profiles from the three eddy size groups is similar among the three simulations, but most pronounced in the FW shear case. Similar to what we have seen in the flux profiles for different CWV quartiles, different eddies carry different momentum flux profiles, and thus introduce a different tendency (deceleration or acceleration). The medium scales account for the largest part of the flux (50–70%), and act as a friction. The small scales account for  $\approx 30$ –40 % of the flux in the sub-cloud layer and only for 10% in the cloud layer, and also introduce a friction. Small scale eddies are therefore not negligible, and as noted in (Zhu, 2015), the mass flux approach would miss to represent part of the flux contributed by these small scales.

Also not negligible, and perhaps equally important, are the larger scales, which contribute the most to the momentum transport in the second half of the sub-cloud layer (above 500 m) and in the cloud layer, with a maximum below cloud base at  $\approx 800$  m. In the cloud layer the large scales accounts for  $\approx 40$  % of the momentum flux. What is best seen in the FW shear case, is that the flux of these larger scales increases with height in the sub-cloud layer, and only decreases above. This implies that such scales only introduce friction in the upper boundary layer (similar to what we saw for the moistest columns of the domain represented by Q4 in the previous section). In the sub-cloud layer, they lead to an acceleration of the meridional flow.

One reason for finding that the smallest scales are not more important in producing momentum flux than mesoscales, is that our simulations have a relatively coarse grid spacing at 250 m, so that the smallest resolved eddy scale is already 500 m. A finer resolution would increase the importance of smaller scale turbulent motions. In another simulation where we refined the resolution by a factor of 2, we find that this is especially true for cloud base, where the contribution by the small scales is doubled. In the sub-cloud layer the contribution of small scales will also be 10 – 30 % larger.

### 556 4.3 Momentum Transport Contribution by Updrafts and Downdrafts

557 As seen in the previous sections, in the FW shear case the moist convective regions  
 558 and the mesoscales would accelerate the upper part of the sub-cloud layer ( $\approx 0.5\text{--}1$  km),  
 559 effectively reducing the average friction given by vertical momentum mixing.

560 The natural question that arises, is whether this local acceleration is due to the re-  
 561 moval of slower than average winds from the sub-cloud layer, or from additional faster  
 562 than average winds from above. In order to clarify this, we decompose the momentum  
 563 flux of the FW shear case in strong updrafts ( $w' > 0.5 \text{ ms}^{-1}$ ), strong downdrafts ( $w' <$   
 564  $-0.5 \text{ ms}^{-1}$ ) and weak drafts ( $-0.5 \leq w' \leq 0.5 \text{ ms}^{-1}$ ).

565 With this sampling, strong updrafts and strong downdrafts represent  $\approx 10\text{--}20\%$   
 566 of the domain each (Figure 14a). The mean strong downdraft is constant in the whole  
 567 layer ( $\approx -0.8 \text{ ms}^{-1}$ ), suggesting that there exists some downward drafts starting from  
 568 the cloud layer and reaching near the surface (Figure 14c). This can also be seen in x-  
 569 z snapshot visualizations, not shown here. However, the contribution of the strong down-  
 570 drafts to the mean transport of momentum is bounded to the sub-cloud layer (Figure  
 571 14b), and is on average a friction. Hence the downdrafts are not responsible for the ac-  
 572 celerations given by convection and mesoscales, which are more likely a result of the up-  
 573 ward motions, whereas slower winds are lifted from the sub-cloud layer and deposited  
 574 in the cloud layer.

575 In conclusion, it is important to notice that the mean meridional wind perturba-  
 576 tion in the strong downdrafts rapidly decreases in the sub-cloud layer and is very small  
 577 ( $\approx 0.1 \text{ ms}^{-1}$ ) in the cloud layer. This is not because there is little variance at these heights,  
 578 but rather because the meridional winds caught in the downdrafts can vary substantially  
 579 in the cloud layer, and the downdraft sampling does not capture a coherent structure.

## 580 5 Sensitivity of CAO Evolution to Wind Shear

581 In this section, we return to some of the first order effects of wind shear on the bound-  
 582 ary layer and cloud evolution. Wind shear is typically not considered as a cloud-controlling  
 583 factor that plays a role in modulating the transition from stratocumulus to cumulus (De Roode  
 584 et al., 2019). However, our results suggest that wind shear plays at least a secondary role  
 585 in the evolution of the boundary layer and the cloud deck via its effects on surface winds  
 586 and surface fluxes, as well as on turbulence and entrainment rates.

587 As seen in the cloud fraction profiles (Figure 4d-f), small but notable differences  
 588 develop in the cloud transition as a function of the shear, which we show in more detail  
 589 in Figure 15. The cloud cover of all three cases (Figure 15a) decreases with two distinct-  
 590 tive jumps at hour 8 and 12. The boundary layer gradually deepens, as the cloud base  
 591 and cloud top rise and precipitation is produced (Figure 15b,c,d). The FW case devel-  
 592 ops a deeper boundary layer ( $\approx 100$  m higher than the NS case and  $\approx 200$  m higher  
 593 than the BW case), a slightly higher cloud top and more precipitation throughout the  
 594 whole simulation. The reduction in cloud cover is also quicker in the FW shear case than  
 595 in the NS and BW shear case. For example, the cloud cover is 80% after 9 hours, whereas  
 596 in the other two cases the cloud cover drops to 80% only after 12 hours. At the end of  
 597 the simulation, the FW shear case cloud cover is  $\approx 50\%$ , while it is  $\approx 60\%$  in the NS  
 598 case and  $\approx 70\%$  in the BW case.

599 The FW and BW shear case mix down faster and slower meridional winds respec-  
 600 tively, which leads to a few  $\text{ms}^{-1}$  difference in the surface wind speed. This results in  
 601 enhanced surface fluxes of heat and moisture in the FW case (recall Equation 1). How-  
 602 ever, differences in the transition may also be explained by more direct effects of shear  
 603 on entrainment mixing at the boundary layer top (Schulz & Mellado, 2018). As found

604 in (Mellado et al., 2014; Mellado, 2017), a larger wind shear at the top of stratocumu-  
605 lus clouds can enhance the entrainment.

606 To disentangle direct effects of wind shear on turbulence and cloud from indirect  
607 effects of wind shear on the surface fluxes, modulated by momentum transport, we re-  
608 peat our three experiments while keeping the surface winds fixed in the calculation of  
609 surface fluxes of heat and moisture. We take the surface wind speed of Equation 1 as  
610 the time average of the NS case, which is  $|U|_s = 12 \text{ ms}^{-1}$ . Because the thermodynam-  
611 ics are not strongly influenced by wind shear (Figure 5c,d), fixing the surface wind speed  
612 in the surface flux calculation is close to fixing the surface fluxes (Figure 15e,f). The sur-  
613 face momentum transport  $u_*$  is still sensitive to surface wind speed as in Equation 2, see  
614 Figure 15g.

615 When the surface wind speed is fixed, the differences in boundary layer height, mean  
616 cloud base/top and precipitation rate are largely removed (Figure 15a,b,c,d, opaque lines).  
617 Still, between hour 6 – 12 the transition from stratocumulus to cumulus is more effi-  
618 cient under the FW shear. In the FW shear case, larger turbulence kinetic energy (TKE)  
619 is created both in the sub-cloud and in the cloud layer. Figures 16a,b show the mean TKE  
620 (for all cases, with both free (shaded lines) and fixed (thin dark lines) surface winds) and  
621 the mean total wind speed profiles for each phase (for interactive surface fluxes only),  
622 whereby the y-axis is normalized by the cloud-top height.

623 Evidently, the TKE profiles depend more strongly on the type of shear than on the  
624 surface fluxes. Figure 16b shows that in the stratocumulus phases, the wind shear across  
625 the cloud top, and across the cloud layer, is larger in the FW case compared to the other  
626 cases. In fact, near cloud tops the wind shear in the FW case is twice as large as the BW  
627 and the NS case. This would support larger shear-driven turbulence (and TKE) in the  
628 FW case. The shear production term is indeed larger in the FW shear case in the sub-  
629 cloud layer, Figure 16c, and also at cloud top and in the cloud layer in the stratocumu-  
630 lus phase (phase I, Figure 16d).

## 631 **6 Discussion and Conclusions**

632 Motivated by a desire to better understand the importance of CMT in the momen-  
633 tum budget of mid-latitude weather systems, we carried out simulations of a marine cold  
634 air outbreak (CAO), which we forced with varying baroclinicity (vertical wind shear).

635 Our first objective was to study how CMT influences the evolution of wind in a CAO  
636 system and whether it can explain weak low-level wind shear found in climatologies of  
637 CAOs. Indeed, as convection and clouds develop in the simulations wind speed profiles  
638 within the boundary layer become very well-mixed, with little vertical shear remaining.  
639 In comparison, zonal winds in BOMEX simulations still have considerable wind shear  
640 in the cloud layer (Brown, 1999). The difference may be explained by the different cloud  
641 fractions. In the stratocumulus transition case considered in this study, cloud fraction  
642 in the cloud layer approaches 100%, whereas in BOMEX the fraction of cloudy updrafts  
643 is only 10%.

644 Besides having little vertical wind shear in the boundary layer, our simulations also  
645 develop winds that are faster-than-geostrophic, such as in the cloud layer under back-  
646 ward shear (wind speed decreases with height) or in the sub-cloud layer under forward  
647 shear (wind speed increases with height). A quick explanation may be sought in verti-  
648 cal momentum transport, which can introduce relatively large momentum from near the  
649 surface into the cloud layer under backward shear, or relatively large momentum from  
650 the cloud layer into the sub-cloud layer under forward shear. However, our analysis of  
651 the kinetic energy budget shows that momentum transport always acts to slow down winds  
652 in the mean flow direction. The combination of momentum transport and a strong Cori-  
653 olis force can increase wind speed beyond its geostrophic value. As winds are initially

654 slowed down by surface drag and momentum transport, the wind turns across isobars  
655 into the direction of low pressure (which in our simulations is toward the east). Through  
656 the Coriolis force, this cross-isobaric or ageostrophic wind component acts as a reservoir  
657 of momentum for the mean meridional wind component, which is directed southward.  
658 The clockwise turning of ageostrophic wind in turn strengthens the southward flow, at  
659 least on the time scale of our simulations ( $\approx 10$  hours). On longer time scales, the ageostrophic  
660 wind reverses sign and winds gain a weaker southward component. In our simulations  
661 the overall wind turning is maybe exaggerated as we have ignored horizontal wind ad-  
662 vection, which probably compensates for part of the wind turning introduced by the Cori-  
663 olis force.

664 Although momentum transport always acts like a friction on the mean flow, the  
665 magnitude of the friction varies with height depending on the large-scale shear. Under  
666 forward shear, the friction introduced by momentum transport maximizes in the cloud  
667 layer. This is where the geostrophic wind forcing is the largest and the contrast with slow  
668 surface air pronounced. Under backward shear, momentum transport is largest in the  
669 sub-cloud layer, because the geostrophic wind forcing maximizes near cloud base (and  
670 as such, the shear between the surface and cloud base is large). The results exemplify  
671 how important the large-scale vertical shear is for explaining the nature of momentum  
672 transport.

673 Secondly, we wished to understand the relative influence of turbulent mixing ver-  
674 sus coherent updrafts or mesoscale circulations (the convection) to the momentum flux.  
675 When we decompose the total momentum transport into contributions from areas that  
676 are strongly convecting (with large column water vapor, CWV) versus areas that expe-  
677 rience mean subsidence and are dry (with low CWV), we find that momentum trans-  
678 port in the high CWV regions can accelerate sub-cloud layer flow in the mean direction  
679 (southwards) under forward shear. This happens as (moist) convection transports mo-  
680 mentum (with a weak southward component) out of the sub-cloud layer very efficiently.  
681 Accordingly, the momentum flux increases with height throughout the sub-cloud layer.  
682 The same result is found when decomposing the momentum flux spectrally and consid-  
683 ering only eddy circulations on the scale of convection and mesoscales. Those mesoscale  
684 circulations help to accelerate the flow and oppose the friction introduced by smaller-  
685 scale eddies. Although the spectral analyses performed on the resolved fluxes underes-  
686 timate the contribution by small-scale turbulence because our simulations have a rela-  
687 tively coarse horizontal resolution, they also hint at the compensating effects that are  
688 introduced by larger-scale mesoscale circulations, neither of which may be neglected when  
689 considering the effect of total momentum transport on large-scale winds.

690 Finally, we questioned how the cloud and boundary layer transitions that are so  
691 typical of CAOs depend on vertical shear through CMT. Via its influence on winds near  
692 the surface, momentum transport (and its interaction with the Coriolis force) impacts  
693 the surface fluxes and therefore the thermodynamic development of the boundary layer  
694 and the cloud transition. Under forward shear, larger surface wind speeds develop, which  
695 in turn lead to enhanced surface fluxes of heat and moisture and, thus, promote a deeper  
696 boundary layer, a higher cloud top, more precipitation and a faster transition to broken  
697 cumulus clouds (with a lower cloud cover). However, the differences are moderate, with  
698 a  $\approx 10 - 20\%$  increase in flux,  $\approx 100$  m deeper boundary layer and  $20 - 30\%$  lower  
699 cloud cover under forward shear. When excluding the surface wind speed response in the  
700 flux calculations, the forward shear still develops a faster transition. This implies that  
701 wind shear also has a direct effect on the transition. This happens through the produc-  
702 tion of more TKE and entrainment under forward shear, where the largest wind shear  
703 across the inversion is present, and is in line with previous work using DNS simulations  
704 of shear across the stratocumulus top (Mellado et al., 2014). Although this effect is much  
705 smaller than the influence of increasing SSTs across the transition, it exemplifies that

706 large-scale wind shear is a factor that should be considered in studies on the sensitiv-  
707 ity of stratocumulus to cumulus transitions, for instance in a changing climate.

## 708 Acknowledgments

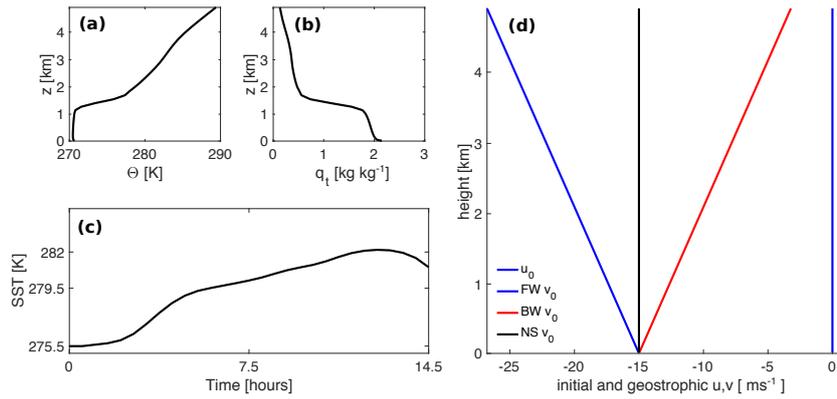
709 This project has received funding from the European Research Council (ERC) under the  
710 European Union’s Horizon 2020 research and innovation programme (Starting grant agree-  
711 ment n° 714918). The simulated data, along with the DALES code and the input files  
712 are stored in <http://doi.org/10.4121/uuid:744df8d9-7232-4672-9110-f76bb25d69a0>.

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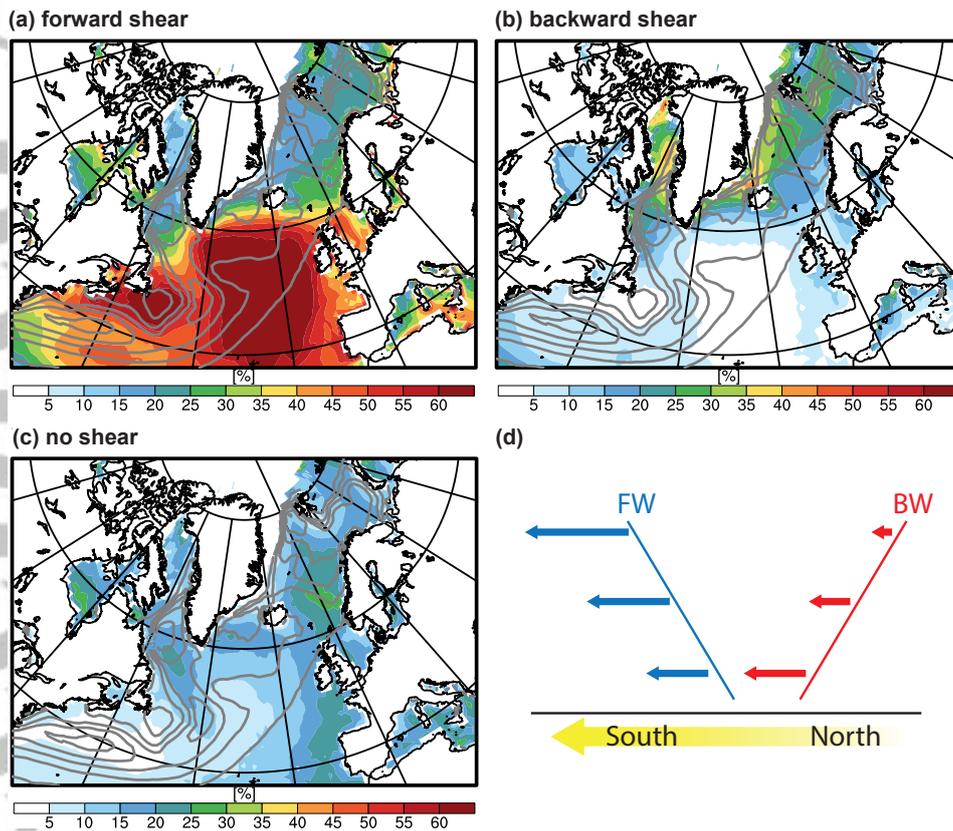
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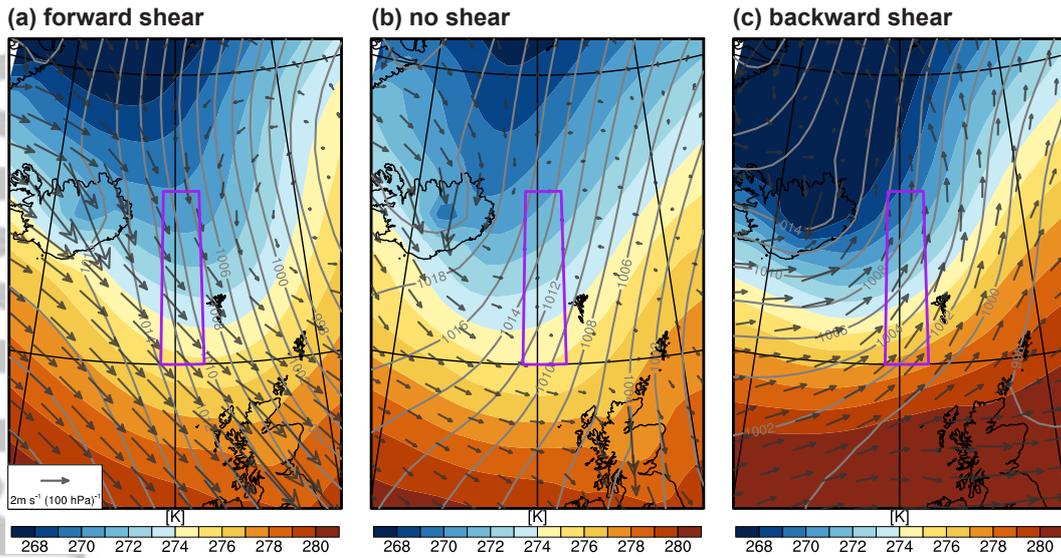
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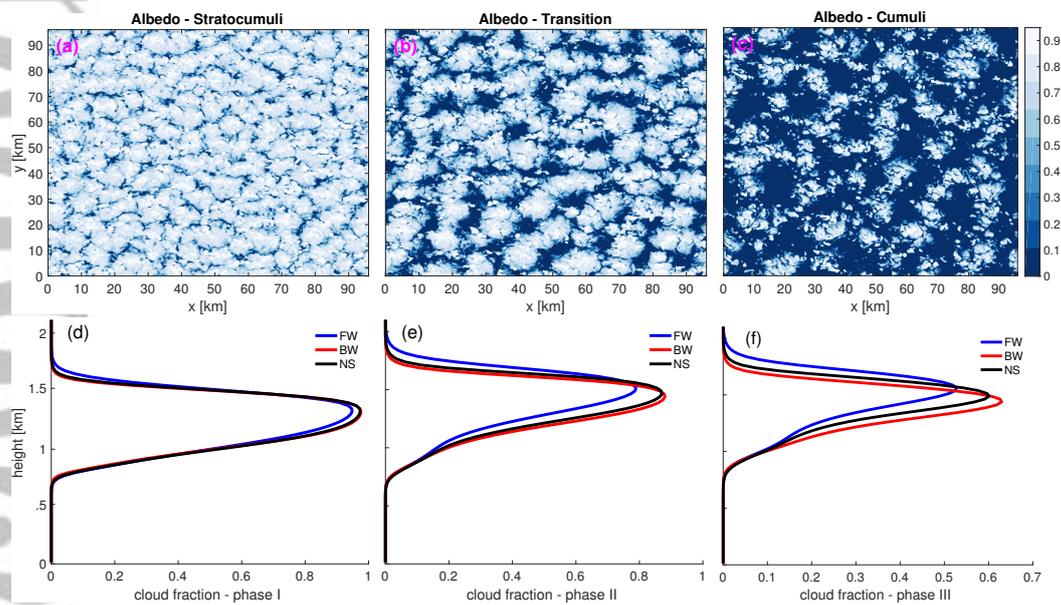
**Figure 1.** Initial profile of (a) potential temperature and (b) total water specific humidity, and a time varying SST (c). Initial and geostrophic wind profiles of the FW (blue line), the BW (red line) and the NS case (black line) are shown in (d). The simulations only differ in the prescribed meridional wind profiles.



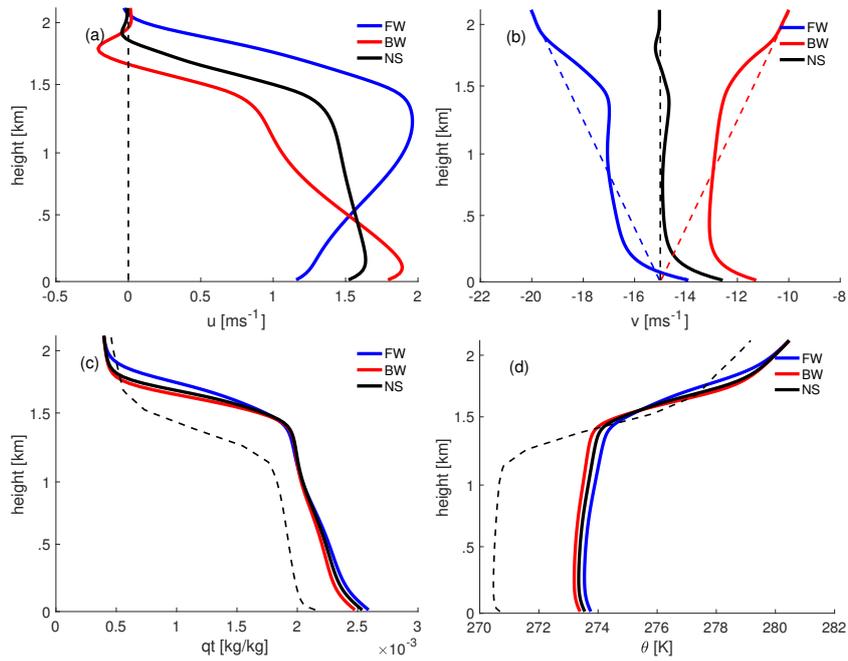
**Figure 2.** Relative frequency of low level wind shear type in CAO's. The shear is taken in the layer 800 hPa – surf. (a) forward shear, (b) backward shear, (c) weak shear, (d) schematic of the shear types considered in this study. The frequency of CAO's is indicated by the grey contours in intervals of 10%.



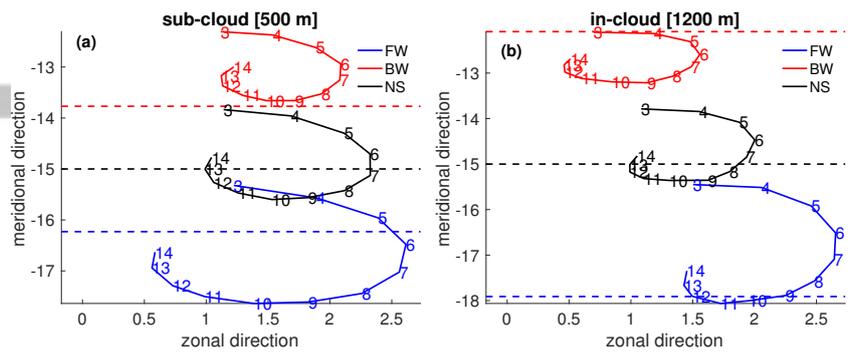
**Figure 3.** Composites for CAOs with predominantly northerly flow in the CONSTRAIN region (11W - 8W, 60N - 66N), in the purple square. The shading is the potential temperature at 900 hPa, the contours are the sea level pressure, and the arrows are wind shear between 800 hPa and 10 m.



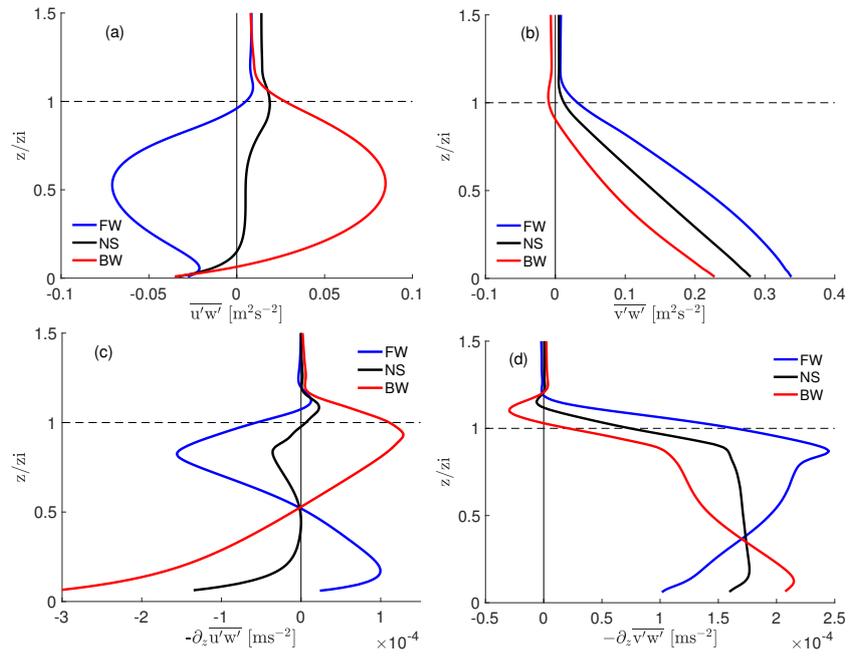
**Figure 4.** First row: FW albedo in the stratocumulus phase (left), transition phase (middle) and cumulus phase (right). The albedo is defined as  $A = \frac{\tau}{6.8 + \tau}$ , where the optical depth is calculated as  $\tau = 0.19L^{5/6}N_c^{1/3}$ , with  $N_c$  the cloud-droplet number concentration and  $L$  the liquid water path, as in (Zhang et al., 2005), (Savic-Jovcic & Stevens, 2008). Second row: cloud fraction for FW (blue line), BW (red line) and NS (black line).



**Figure 5.** Mean profiles of (a) zonal and (b) meridional wind, (c) total water specific humidity  $q_t$  and (d) liquid potential temperature  $\theta_l$  averaged over the whole simulations. The dashed lines represent the initial profiles. The cloud layer extends from 1 km to 2 km.

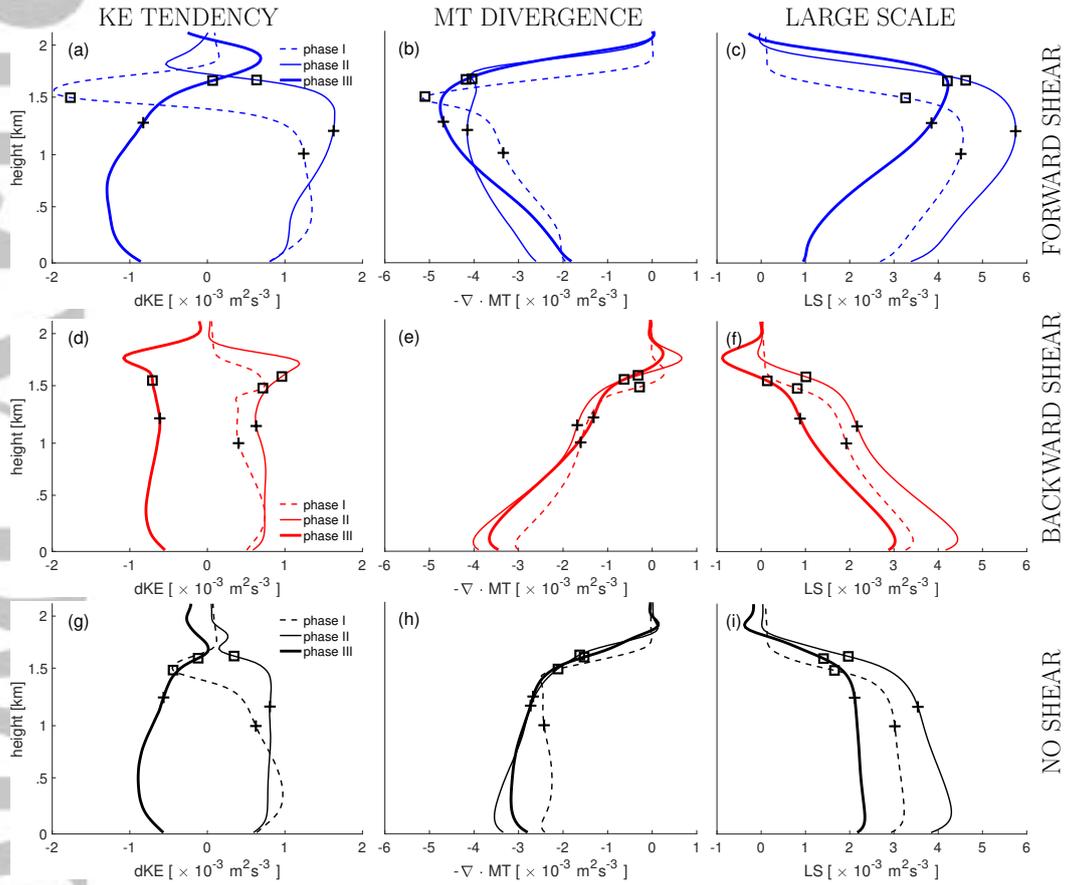


**Figure 6.** Wind turning in (a) the sub-cloud layer and in (b) the cloud layer. The numbers are the hours in the simulations. The dotted lines indicate the geostrophic wind at the give height. Inertial oscillations are established due to the Coriolis force.



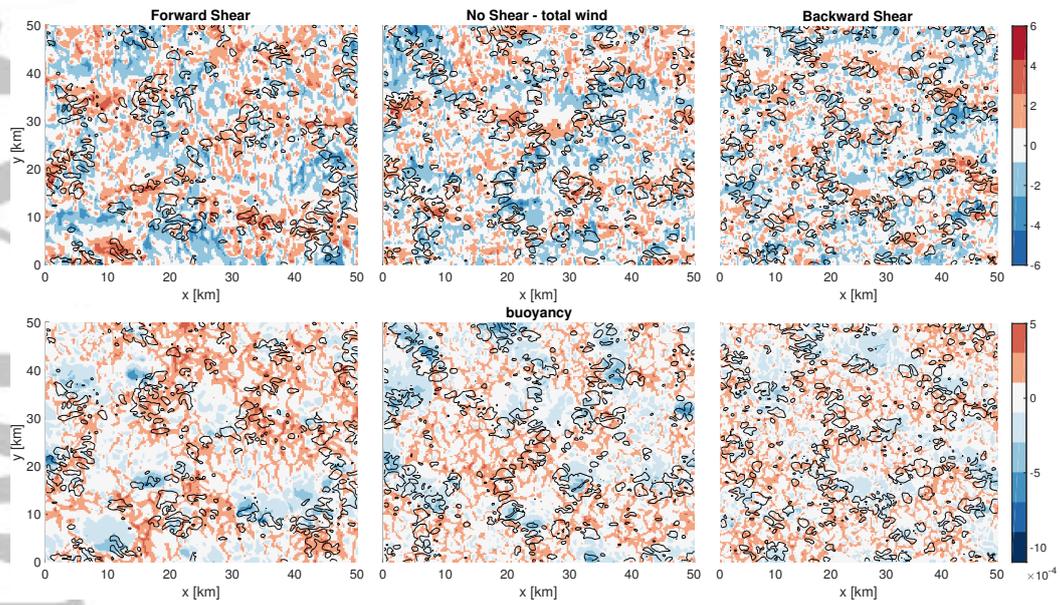
**Figure 7.** Zonal (a) and meridional (b) momentum fluxes (resolved + subgrid) and their divergence (c,d) averaged over the whole simulation. The y-axis is normalized by the boundary layer height.

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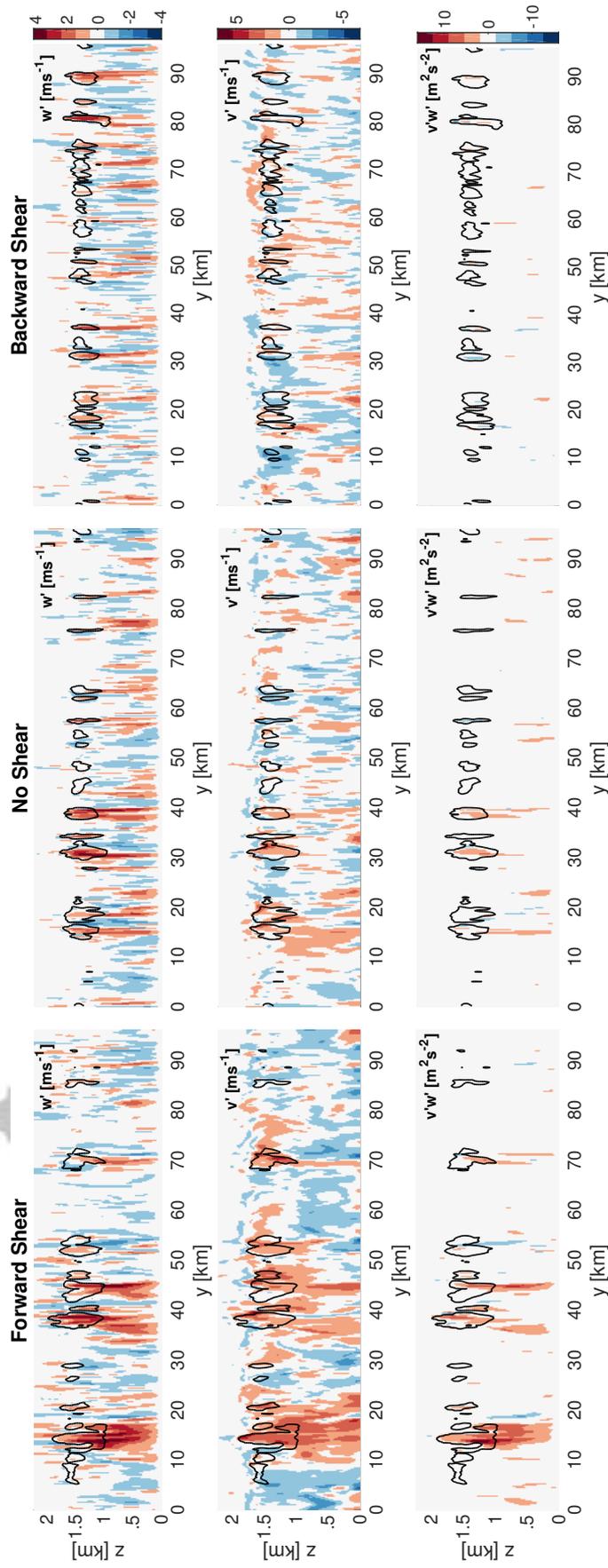
**Figure 8.** Kinetic energy (KE) budget. (a,d,g) KE tendency, (b,e,h) momentum transport term, (c,f,i) large scale term. Dashed lines represent the stratocumulus phase, thin lines the transition phase and thick lines the cumulus phase. The crosses indicate cloud base, and the squares represent cloud top. Blue lines are the FW, red lines are the BW and the black lines are the NS case.

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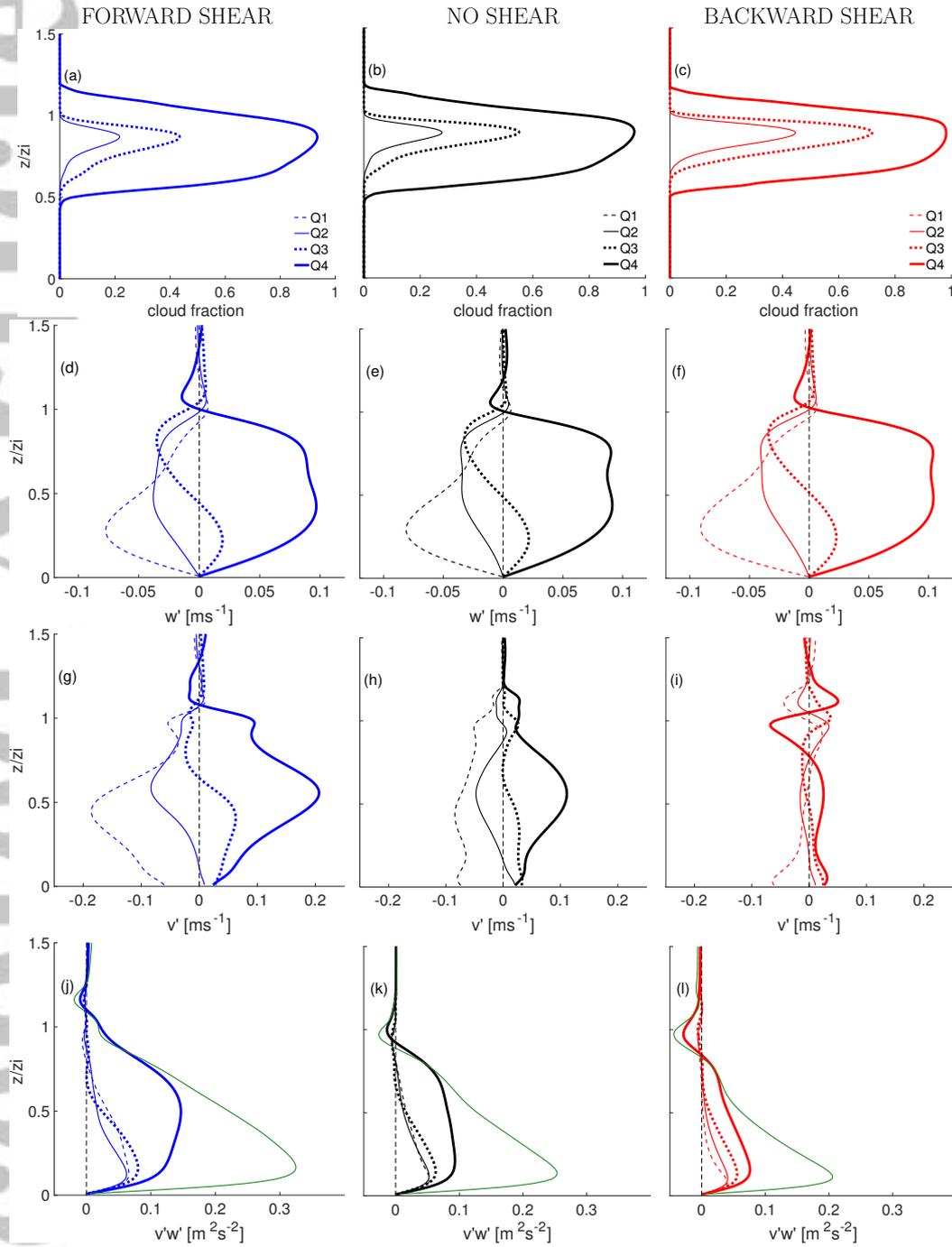


**Figure 9.** Total wind field perturbation [ $\text{ms}^{-1}$ ] (first row) and buoyancy [ $\text{K}$ ] (second row) at 50 m for FW, NS and BW respectively at the end of the simulation. The black lines are liquid water contours at  $2 \cdot 10^{-4} \text{ kg} \cdot \text{kg}^{-1}$  at 1.5 km.

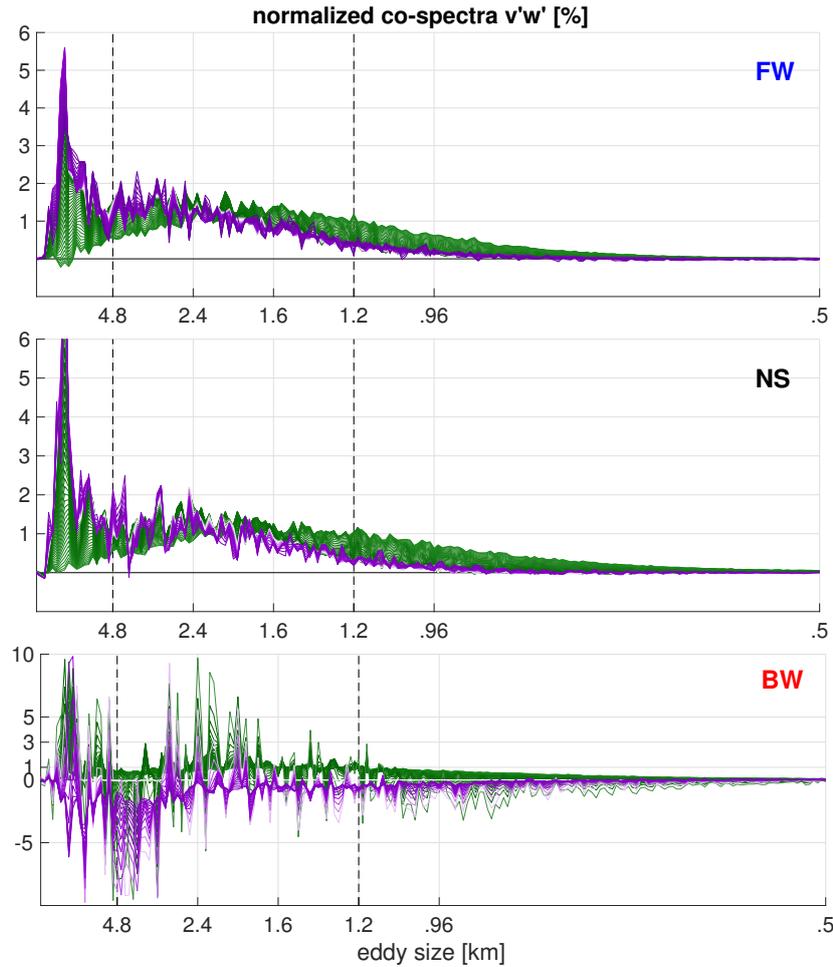
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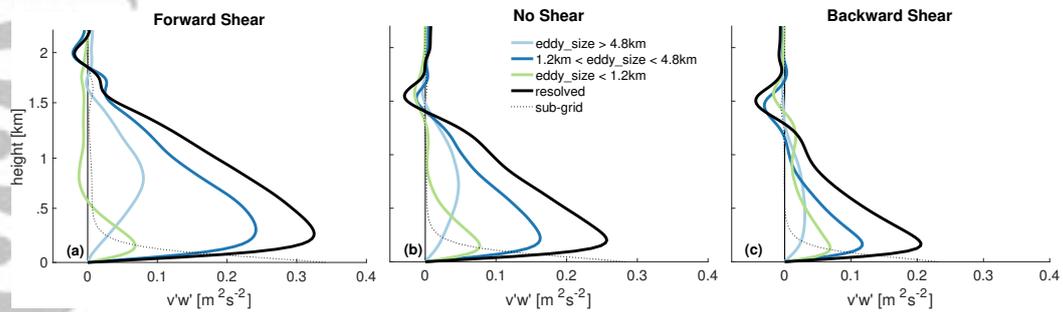
**Figure 10.** x-z snapshots of vertical velocity anomalies  $w'$  (first row), meridional wind anomalies  $v'$  (second row) and vertical flux of meridional momentum  $v'w'$  (third row) at hour 14.5. The black lines are the clouds contours.



**Figure 11.** Decomposition in quartiles of CWV of the cloud fraction,  $w'$ ,  $v'$  and the resolved  $v'w'$  over the last two hours of the simulation. The green lines are the resolved momentum fluxes (which also is the sum of the quartiles). The y-axis is normalized by the boundary layer height.

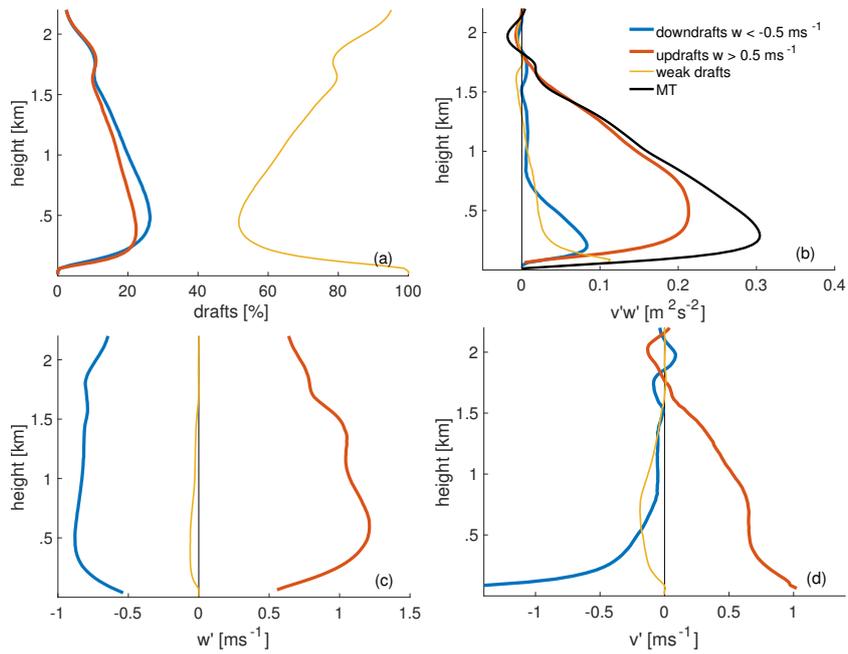


**Figure 12.** Normalized co-spectra representing the resolved fluxes  $v'w'$  in the last two hours of the simulations (cumulus phase). Green lines: from surface to 800 m. Purple lines: from 800 m to 1600 m. The smallest eddy size, 0.5 km, corresponds to twice the grid spacing. The largest eddy size, 48 km, corresponds to half the domain size.



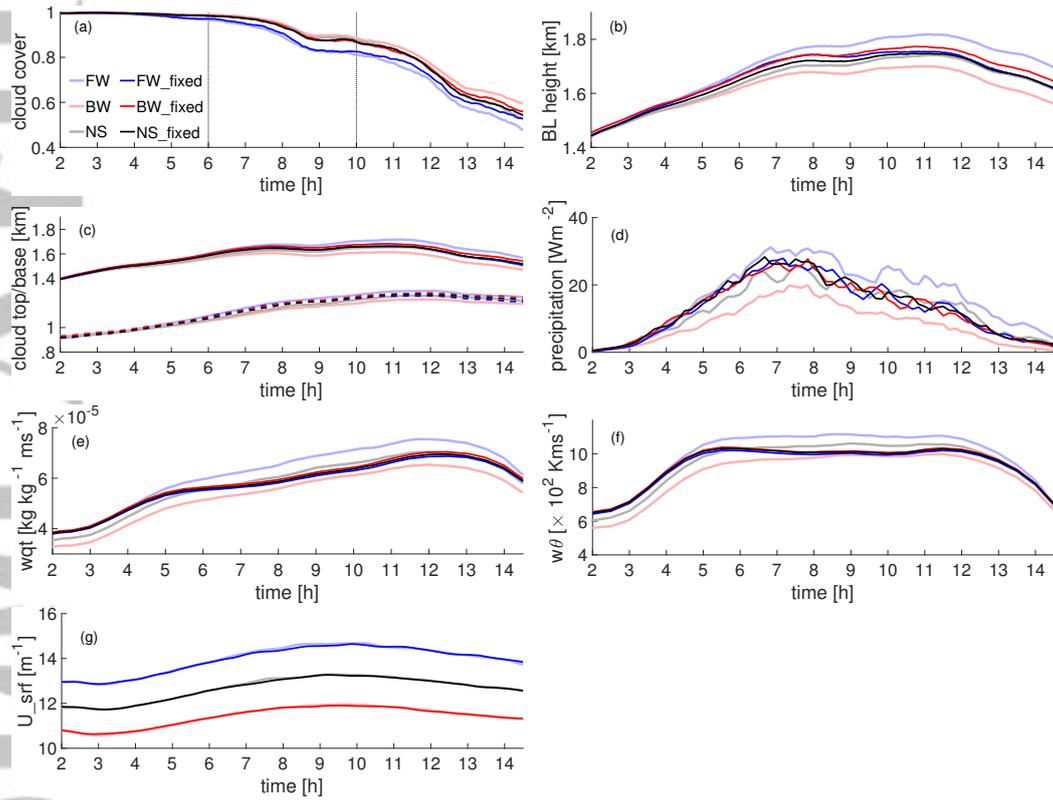
**Figure 13.** Meridional momentum fluxes divided by large, medium and small scales in the last two hours of the simulation. The dotted lines are the sub-grid flux as output from the LES. The black lines are the resolved flux.

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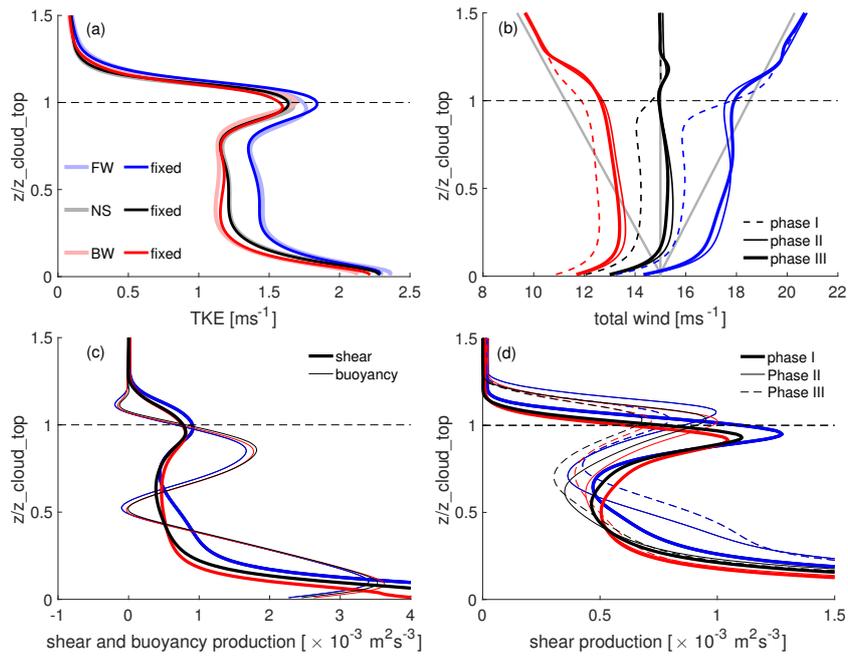


**Figure 14.** Decomposition of the FW shear case momentum flux at 14.5 hour into strong downdrafts, strong updrafts and weak drafts. (a) relative fractions, (b) meridional momentum flux, (c) average vertical velocity perturbation, (d) average meridional velocity perturbation.

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**Figure 15.** Time series of cloud cover (a), boundary layer height (b), mean cloud base (dashed lines) and cloud top (full lines) height (c), precipitation (d), surface fluxes of total water specific humidity (e) and potential temperature (f) and surface wind speed (e). The shaded lines are the simulations with free surface winds, while the thin lines are the simulations with fixed surface winds.



**Figure 16.** Mean TKE for simulations with interactive and fixed surface fluxes (a), total wind during the three phases (b), mean shear and buoyancy production terms of the TKE budget (c) and phases of the shear production term (d). (b), (c), (d) are done for the fixed surface wind simulations. The grey lines are the meridional geostrophic (and initial) winds. The results refer to the resolved TKE budget.