



Case studies and discussions about meteorosensitivity in southern Germany

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Within the 4.4 million years evolution, human beings have always been faced with environmental challenges. Mainly influencing parameter for mobility, food availability and good health are the global weather conditions. Apart from protections against environmental influences extreme weather conditions and related natural alternating electro-magnetic fields (EMF, lightning's, sferics) influenced our well-being around the clock. Nowadays we are caught by overall technological services and facilitations in a new crossfire of stressors, like stimulus satiation, pollution and nearly permanent presence of electromagnetic man made radiations (technics). Among these interacting matrices the biometeorological scope of phenomena concerning meteorosensitivity meanwhile is playing an undervalued role in natural scientific research. So one's own initiative, powered by a private German geobiological society foundation, a case study was performed in 2012 to 2013 with a pool of highly meteorosensitive probands, selected by an anamnesis questionnaire, developed with a professional partner for epidemiological biostatistical evaluations. Diary notes of meteorosensitive symptoms of indisposition and variations of pains were correlated with the occurrence of biosynoptical macro weather situations in central Europe and the daily variance of lightning rates. One of the major results is the guess that in the temporary forefront and/or surrounding a certain triggering of discomfort symptoms may occur. Furthermore the statistical analysis confirms the clear prevalence of female vulnerability referring to symptoms, mainly caused by biotrope weather conditions. In addition case by case measurements of sferics signals during biosynoptical, neutral or stabile macro weather situations in central Europe were related real time self-monitoring of especially selected individuals with documented high level meteorosensitivity symptoms. Finally human organ values short time observations were made to mask "unpleasant weather EMF's" by additional near-field emitted sferics signals (direct copy of fair weather EMF's). One can see a certain "finger-print" due to individual physiological stress or typical weather situations which trigger meteorosensitivity.